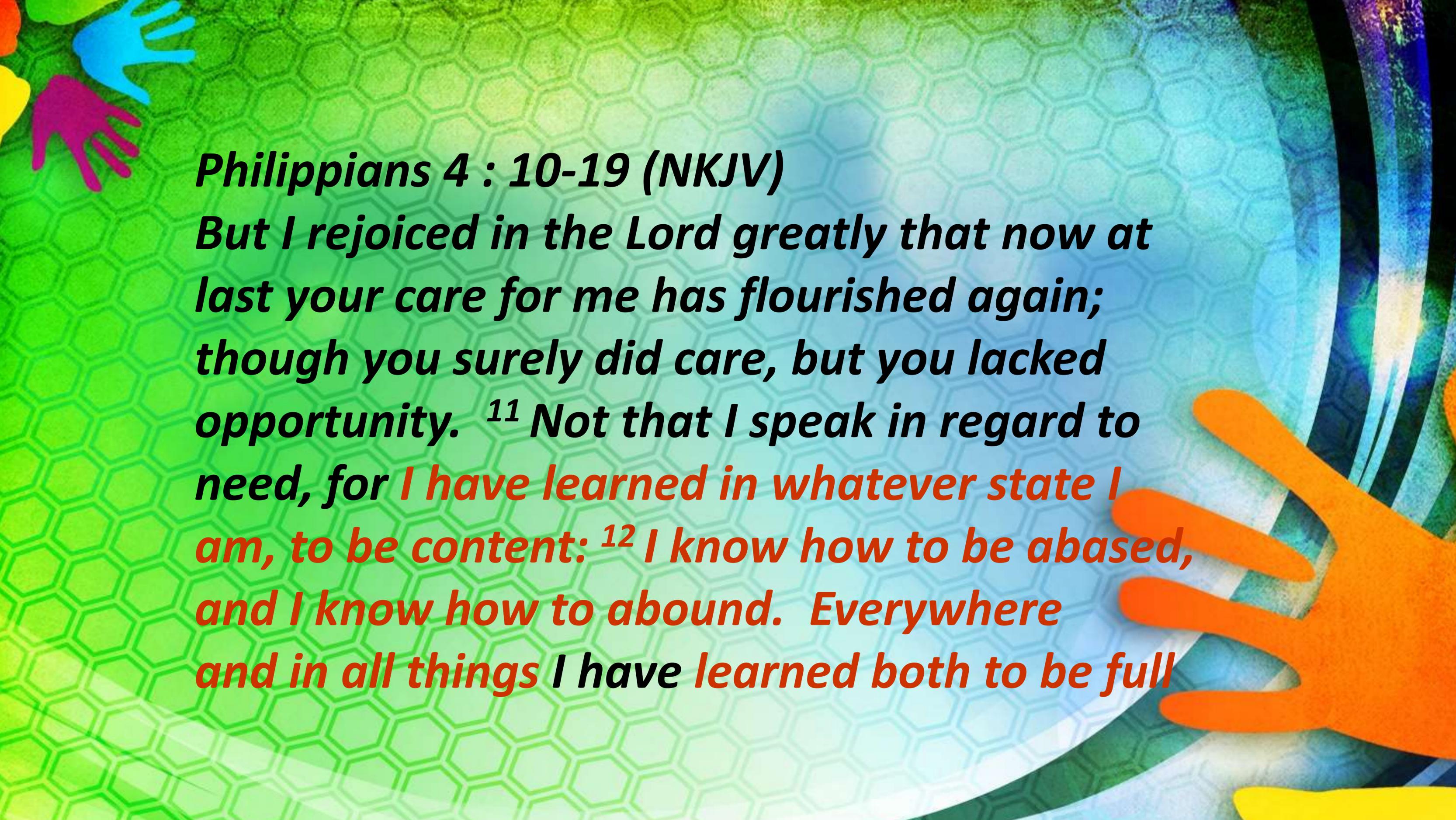




I CAN DO ALL THINGS THROUGH CHRIST (Part 2)

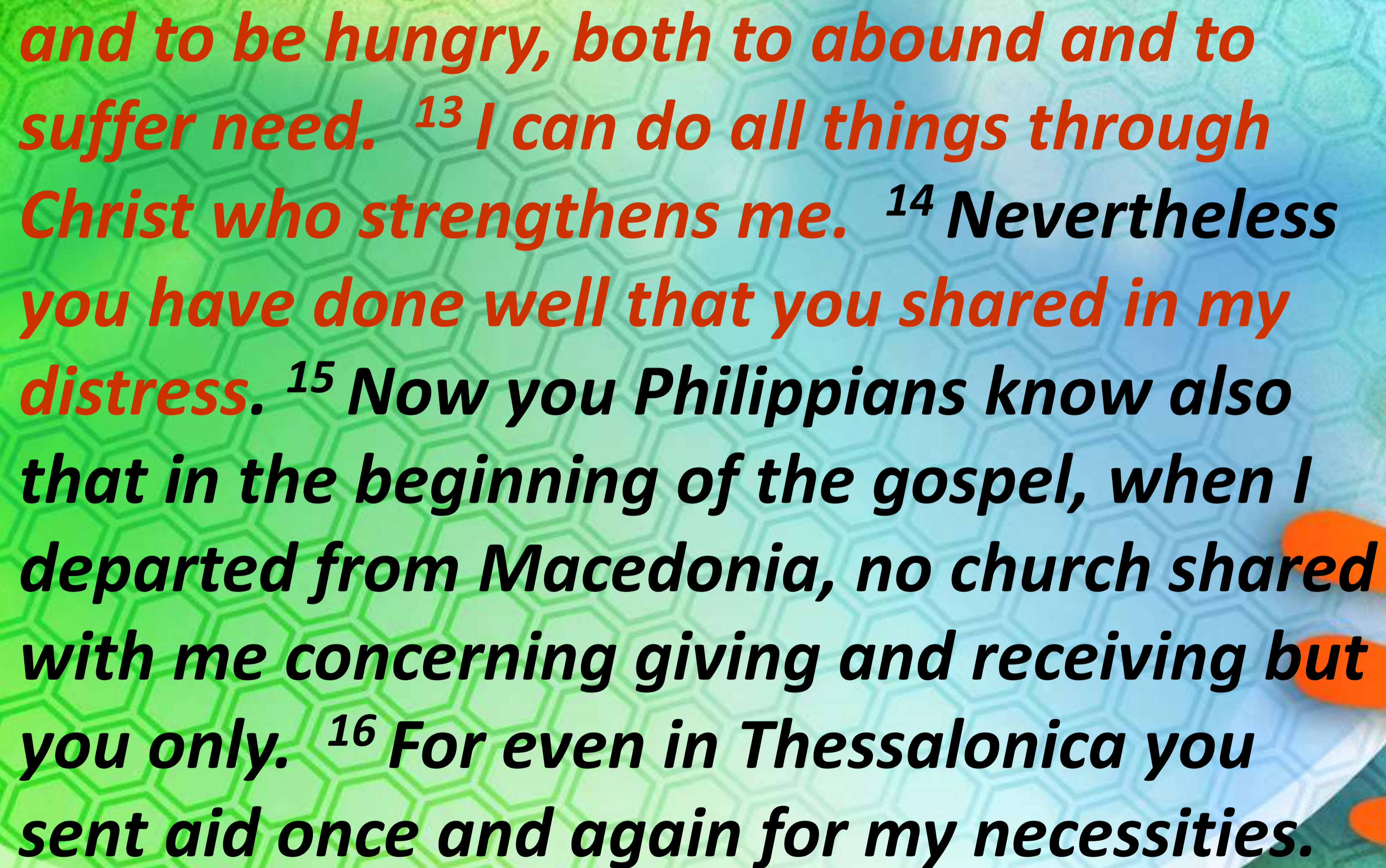
Philippians 4 : 10-19

***Senior Pastor Lawrence Chua
26 January 2020***

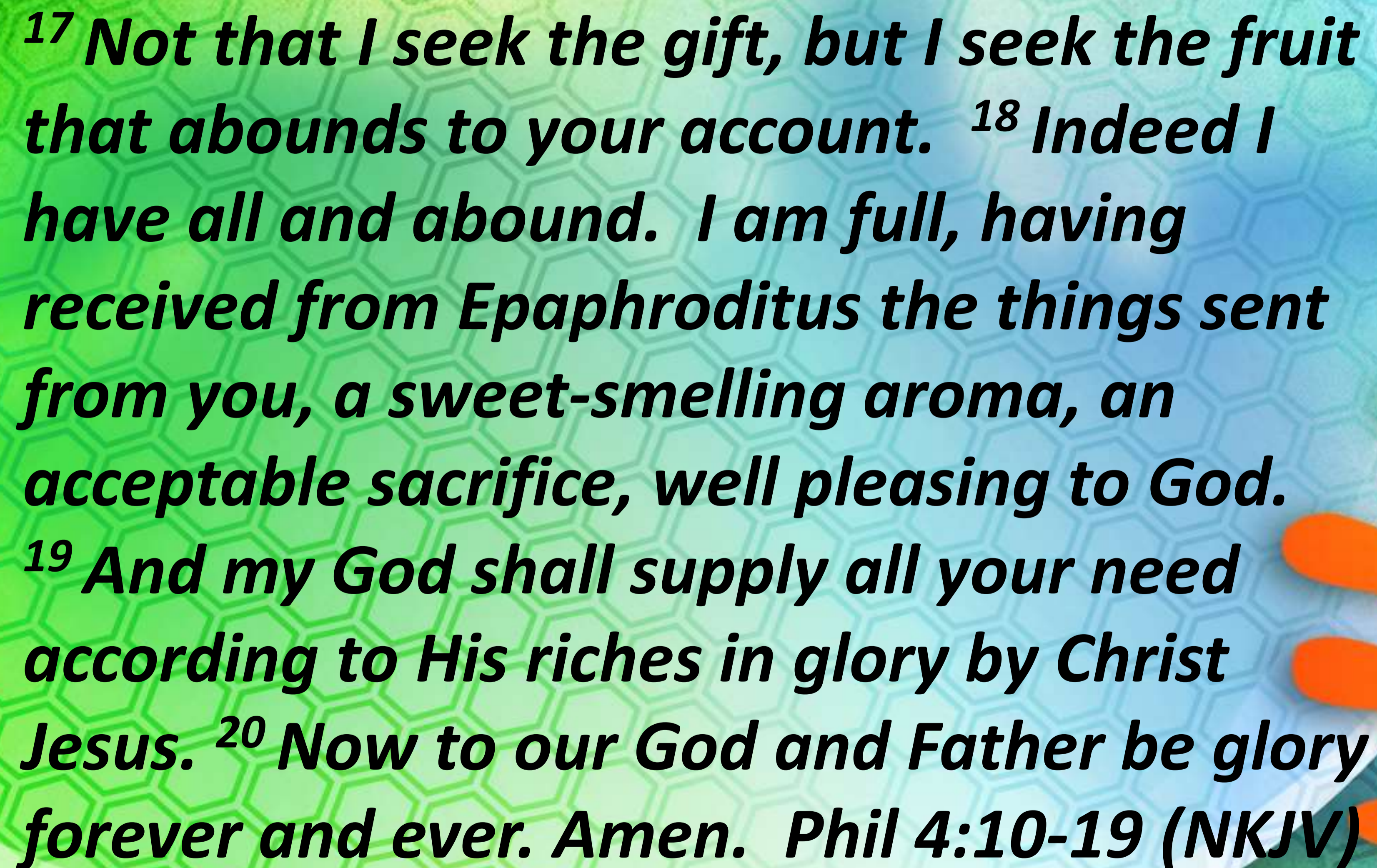


Philippians 4 : 10-19 (NKJV)

But I rejoiced in the Lord greatly that now at last your care for me has flourished again; though you surely did care, but you lacked opportunity. ¹¹ Not that I speak in regard to need, for I have learned in whatever state I am, to be content: ¹² I know how to be abased, and I know how to abound. Everywhere and in all things I have learned both to be full



and to be hungry, both to abound and to suffer need. ¹³ I can do all things through Christ who strengthens me. ¹⁴ Nevertheless you have done well that you shared in my distress. ¹⁵ Now you Philippians know also that in the beginning of the gospel, when I departed from Macedonia, no church shared with me concerning giving and receiving but you only. ¹⁶ For even in Thessalonica you sent aid once and again for my necessities.

The background features a vibrant green and blue gradient with a subtle hexagonal pattern. In the top-left corner, there are three stylized hands in yellow, blue, and red. In the bottom-right corner, a large, bright orange hand is visible, reaching towards the center. The text is overlaid on this background in a bold, black, italicized font.

¹⁷ Not that I seek the gift, but I seek the fruit that abounds to your account. ¹⁸ Indeed I have all and abound. I am full, having received from Epaphroditus the things sent from you, a sweet-smelling aroma, an acceptable sacrifice, well pleasing to God. ¹⁹ And my God shall supply all your need according to His riches in glory by Christ Jesus. ²⁰ Now to our God and Father be glory forever and ever. Amen. Phil 4:10-19 (NKJV)

Introduction


a) An unintended continuation



Introduction

**b) A pair of
inspiring verses
from the Bible**





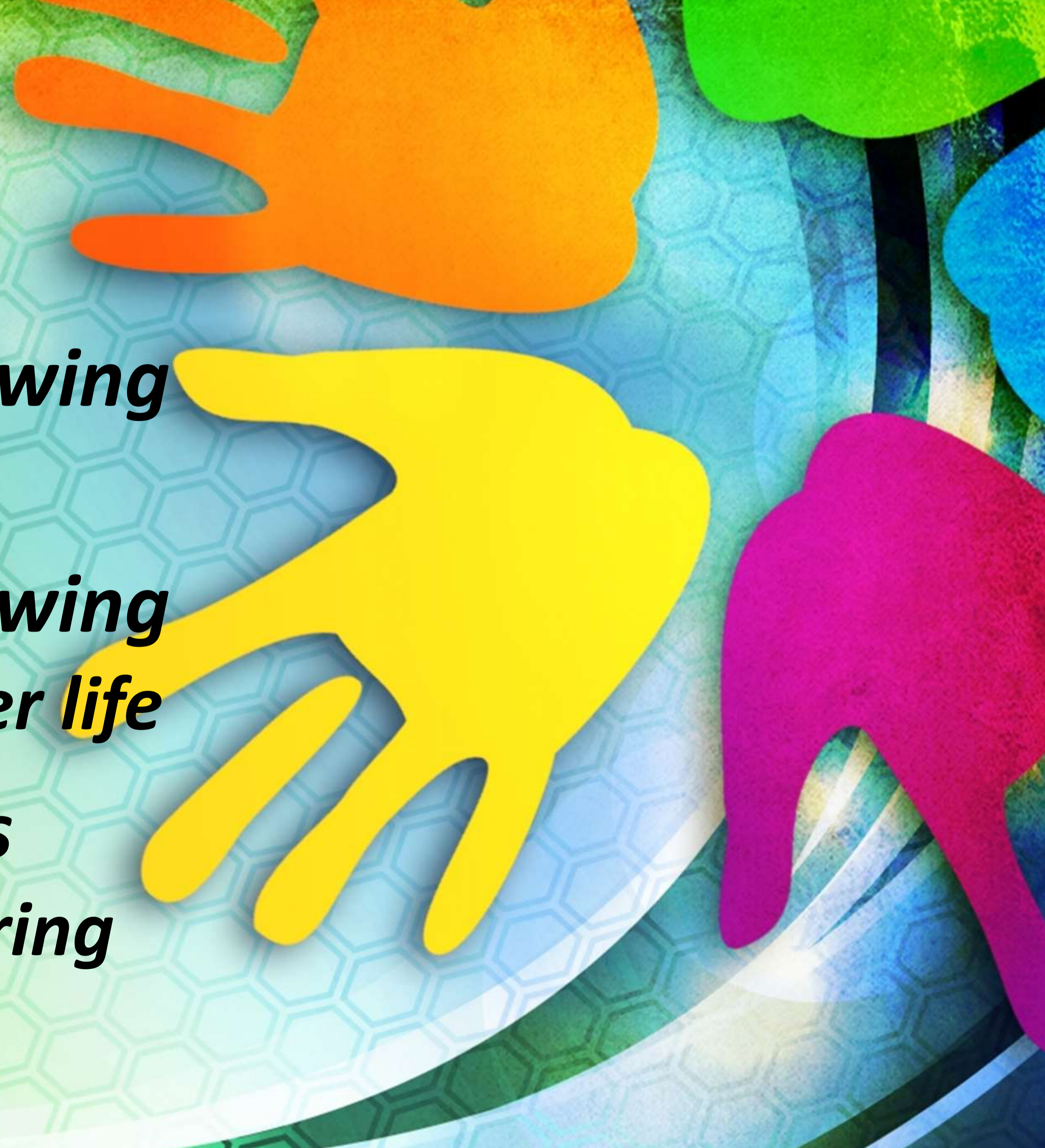
Philippians 4:13 (NKJV)

“I can do all things through Christ who strengthens me.”

- **declaring to us**
- **We say to God**

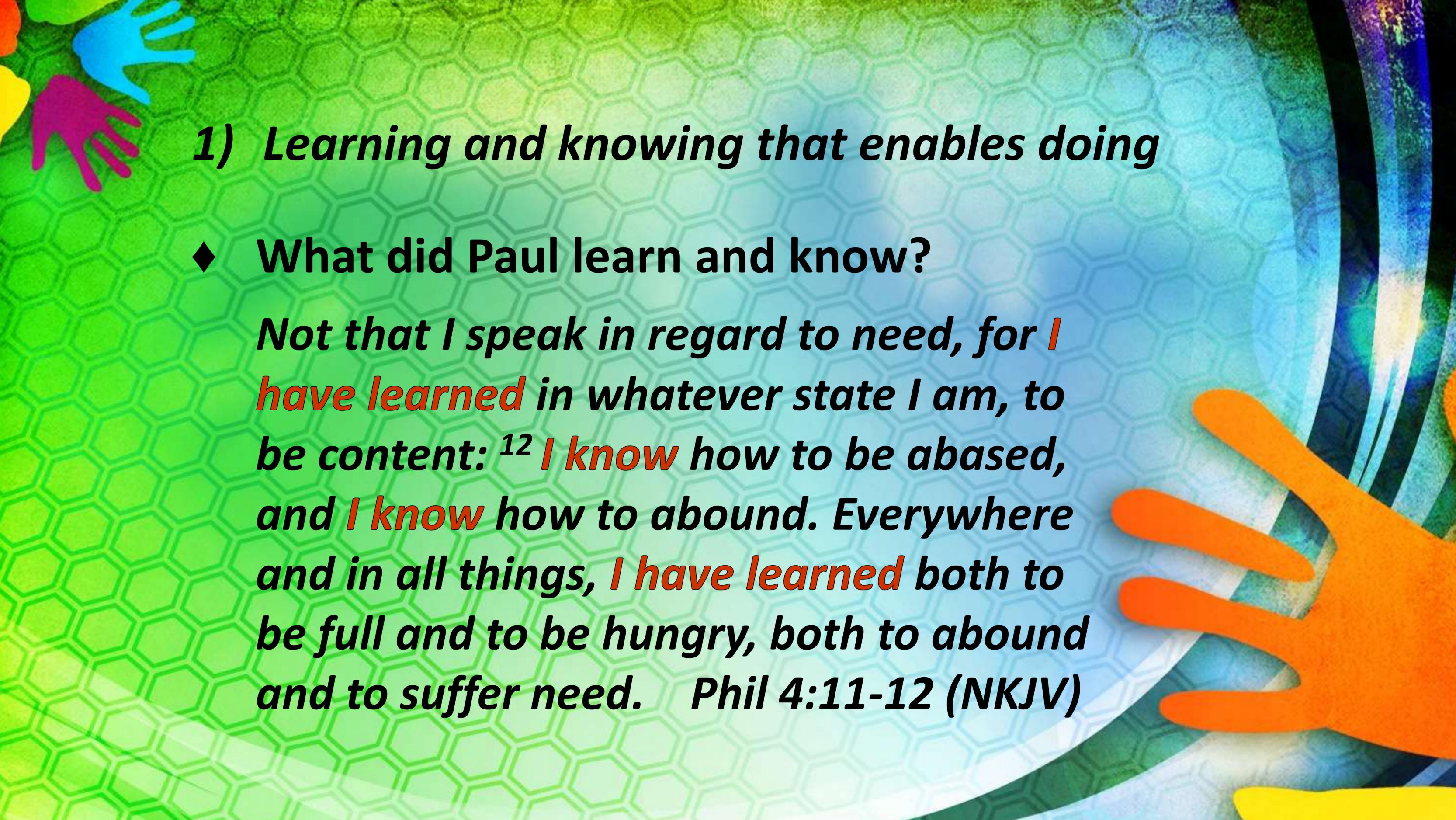
Road Map

- 1) Learning and knowing
that enables doing***
- 2) Learning and knowing
that flow from inner life***
- 3) Leaning on others
and knowing suffering***





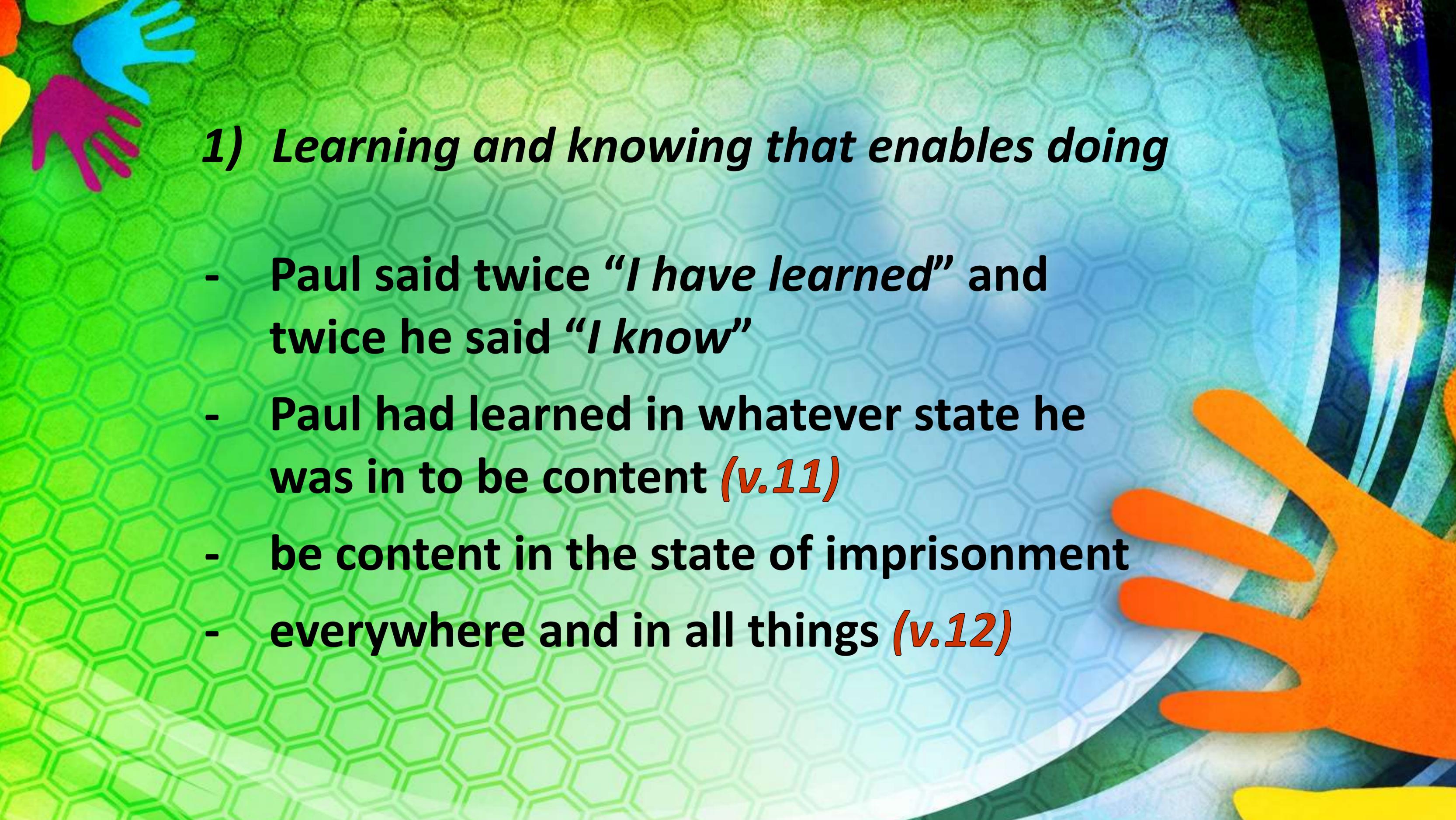
***1) Learning and knowing
that enables doing***



1) Learning and knowing that enables doing

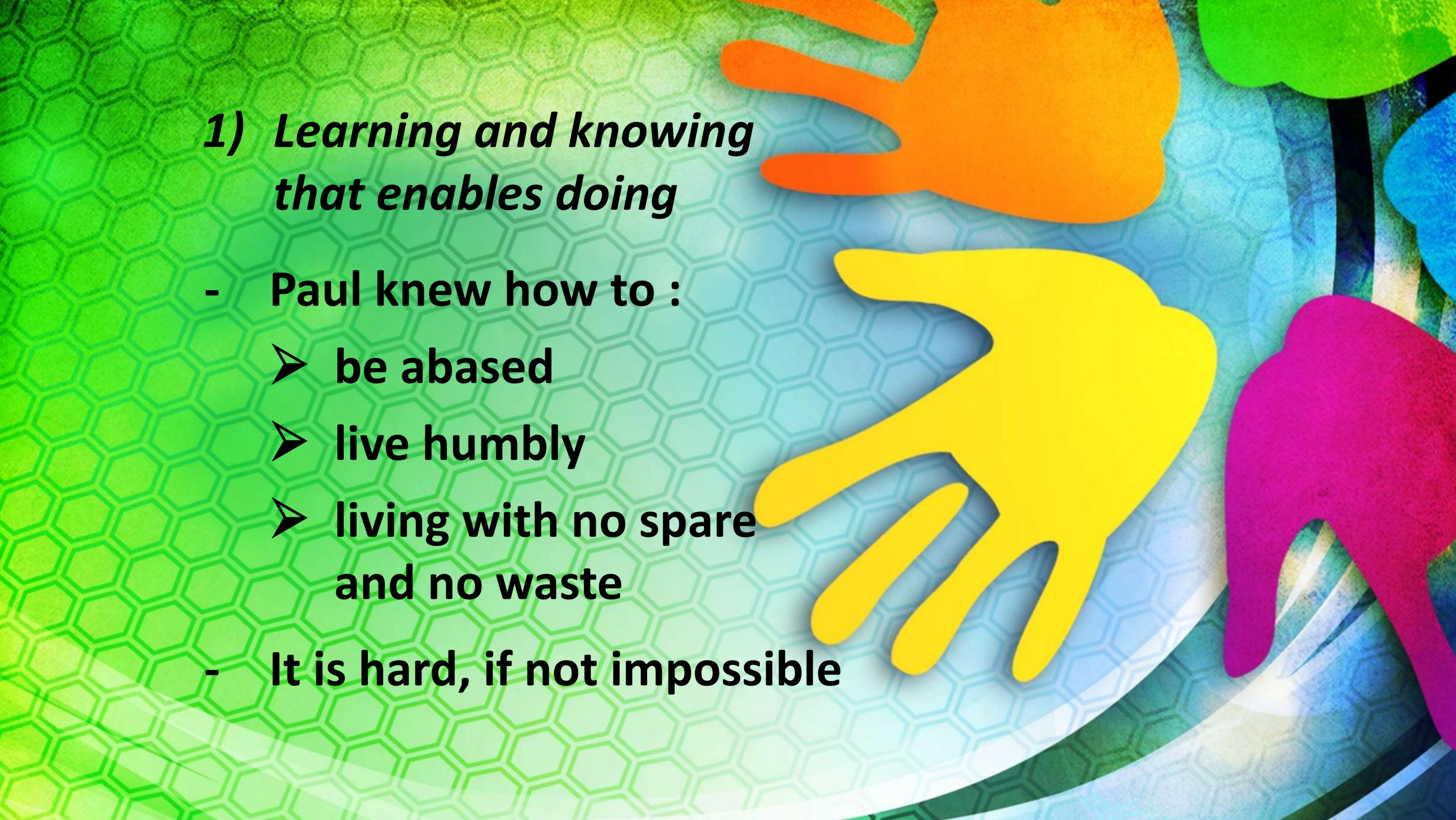
◆ What did Paul learn and know?

Not that I speak in regard to need, for **I have learned** in whatever state I am, to be content: ¹² I know how to be abased, and I know how to abound. Everywhere and in all things, **I have learned** both to be full and to be hungry, both to abound and to suffer need. Phil 4:11-12 (NKJV)



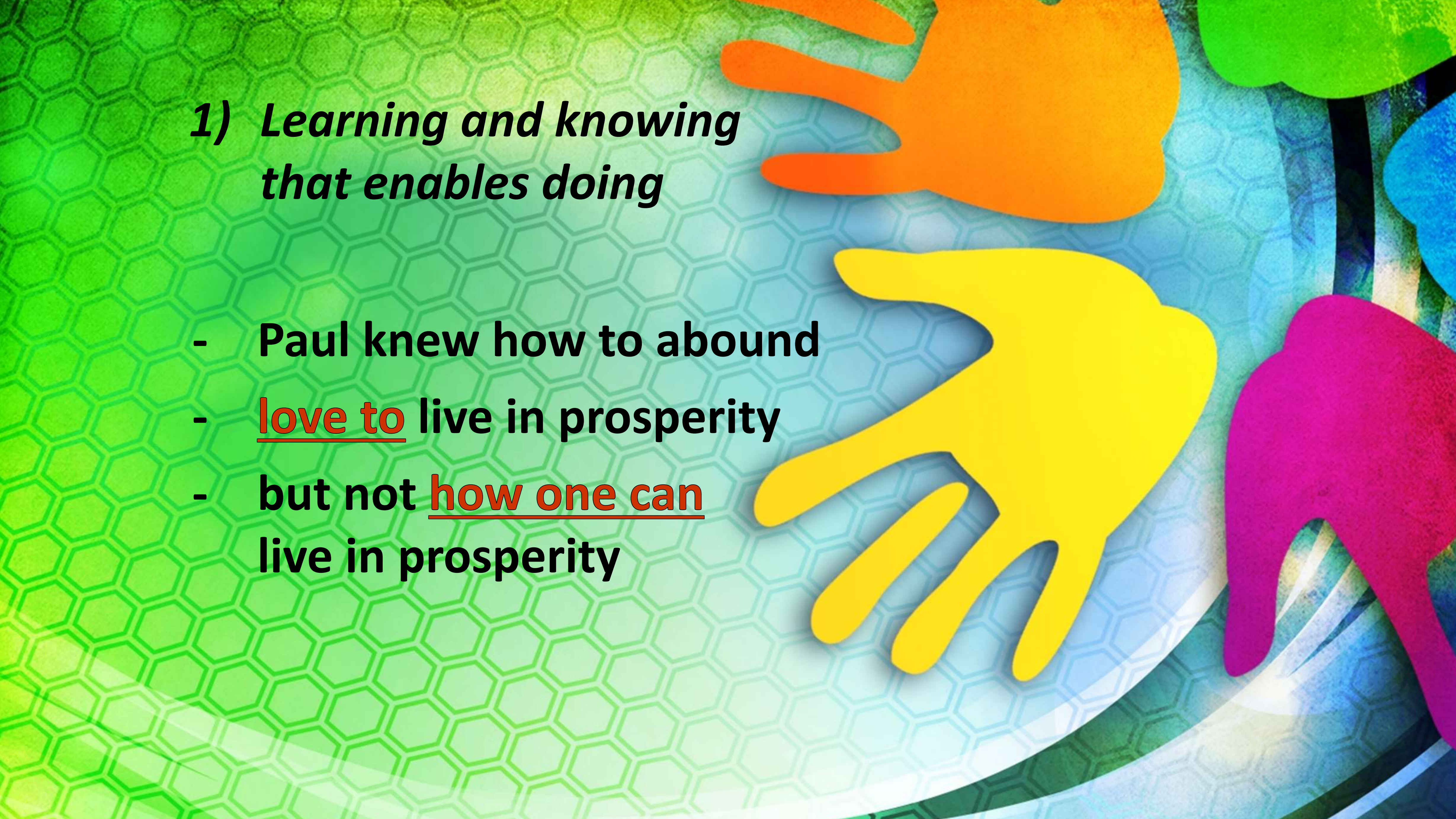
1) *Learning and knowing that enables doing*

- Paul said twice *“I have learned”* and twice he said *“I know”*
- Paul had learned in whatever state he was in to be content **(v.11)**
- be content in the state of imprisonment
- everywhere and in all things **(v.12)**



***1) Learning and knowing
that enables doing***

- **Paul knew how to :**
 - **be abased**
 - **live humbly**
 - **living with no spare
and no waste**
- **It is hard, if not impossible**

The background features a vibrant green and blue gradient with a subtle hexagonal pattern. Overlaid on the right side are several large, stylized hands in orange, yellow, and magenta, appearing to reach out. The text is positioned on the left side of the image.

1) Learning and knowing that enables doing

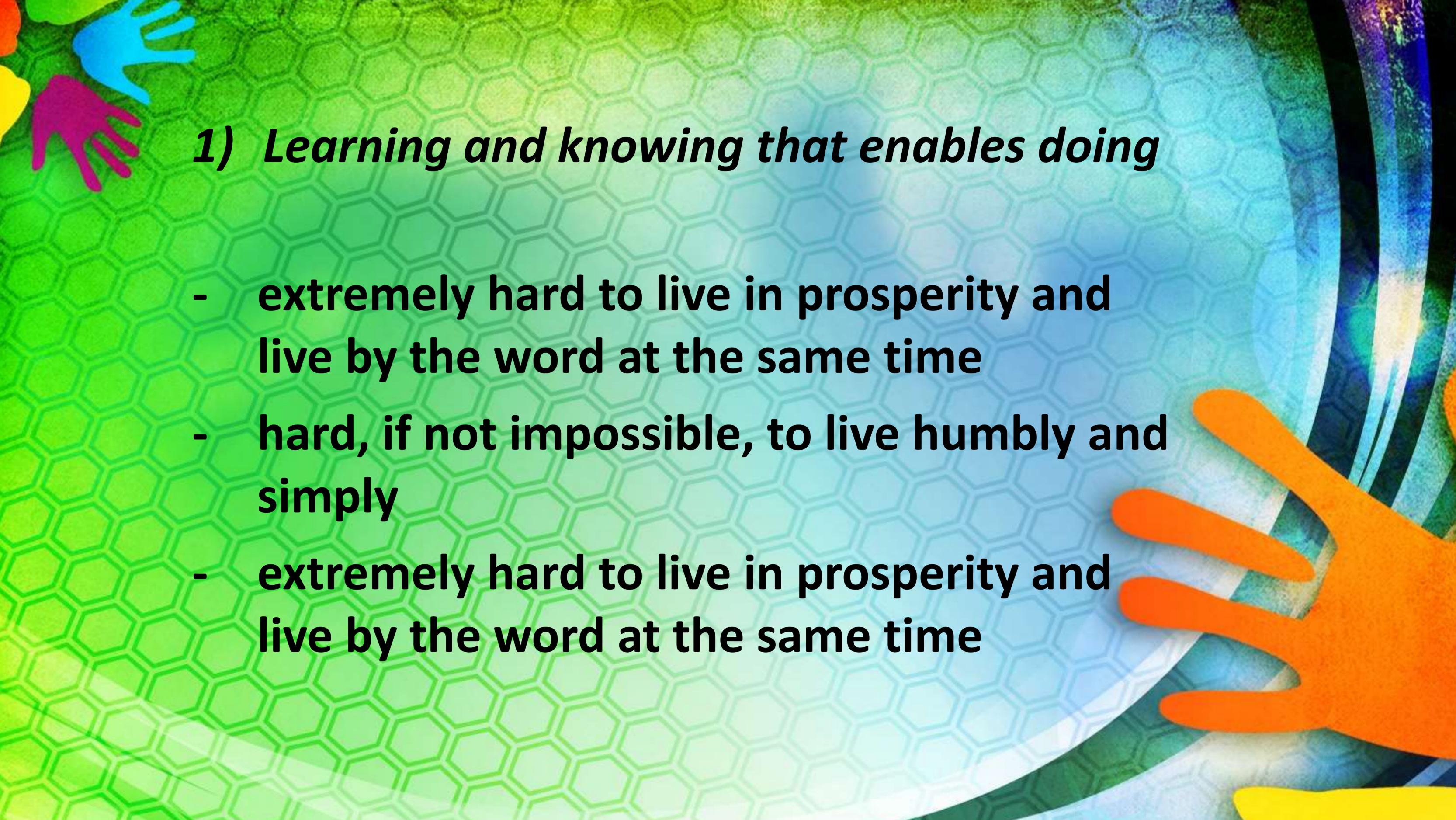
- Paul knew how to abound
- love to live in prosperity
- but not how one can
live in prosperity



1) *Learning and knowing that enables doing*

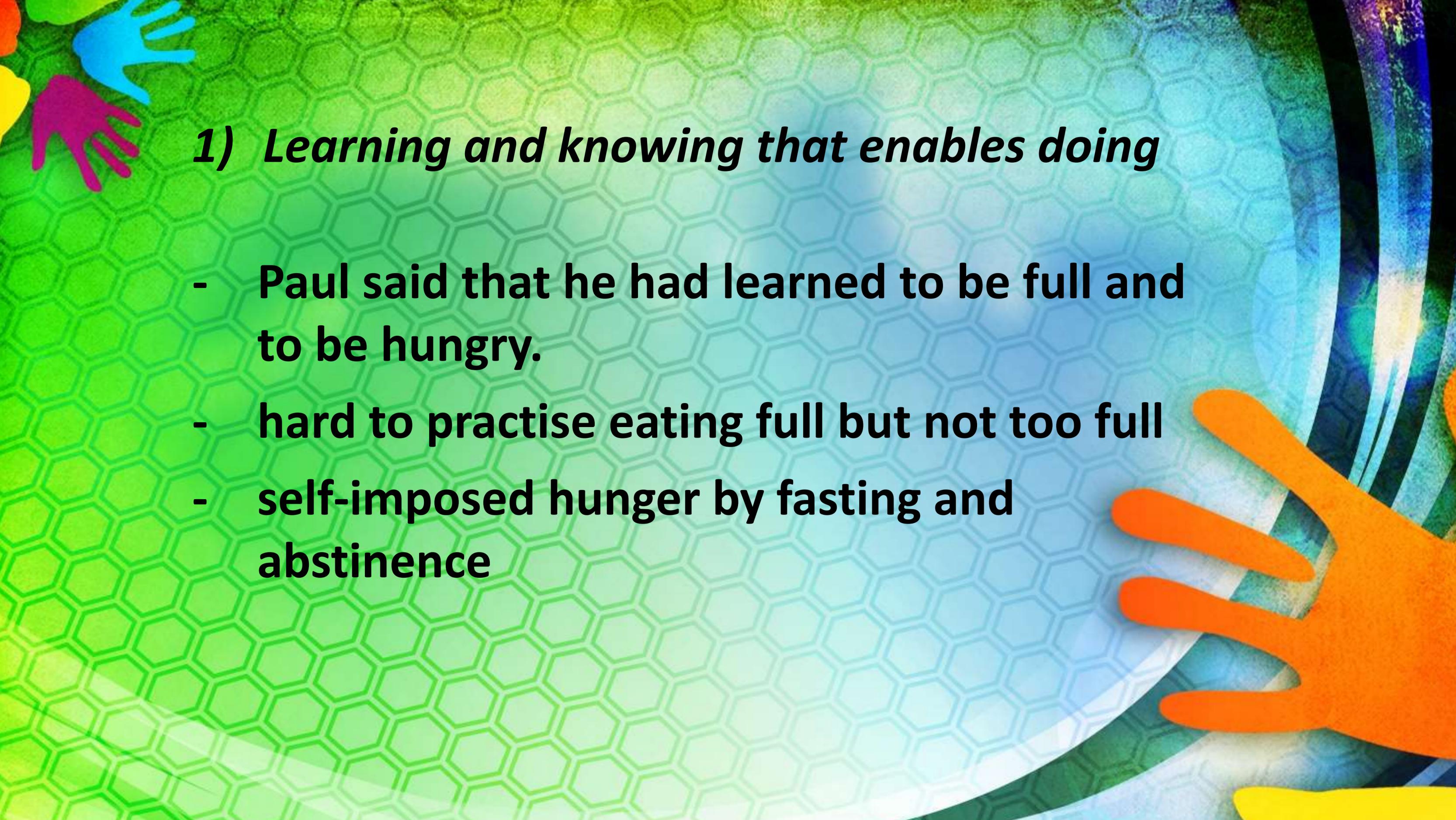
***And I will very gladly spend and be spent
for your souls; though the more abundantly
I love you, the less I am loved.***

2 Cor 12:15 (NKJV)



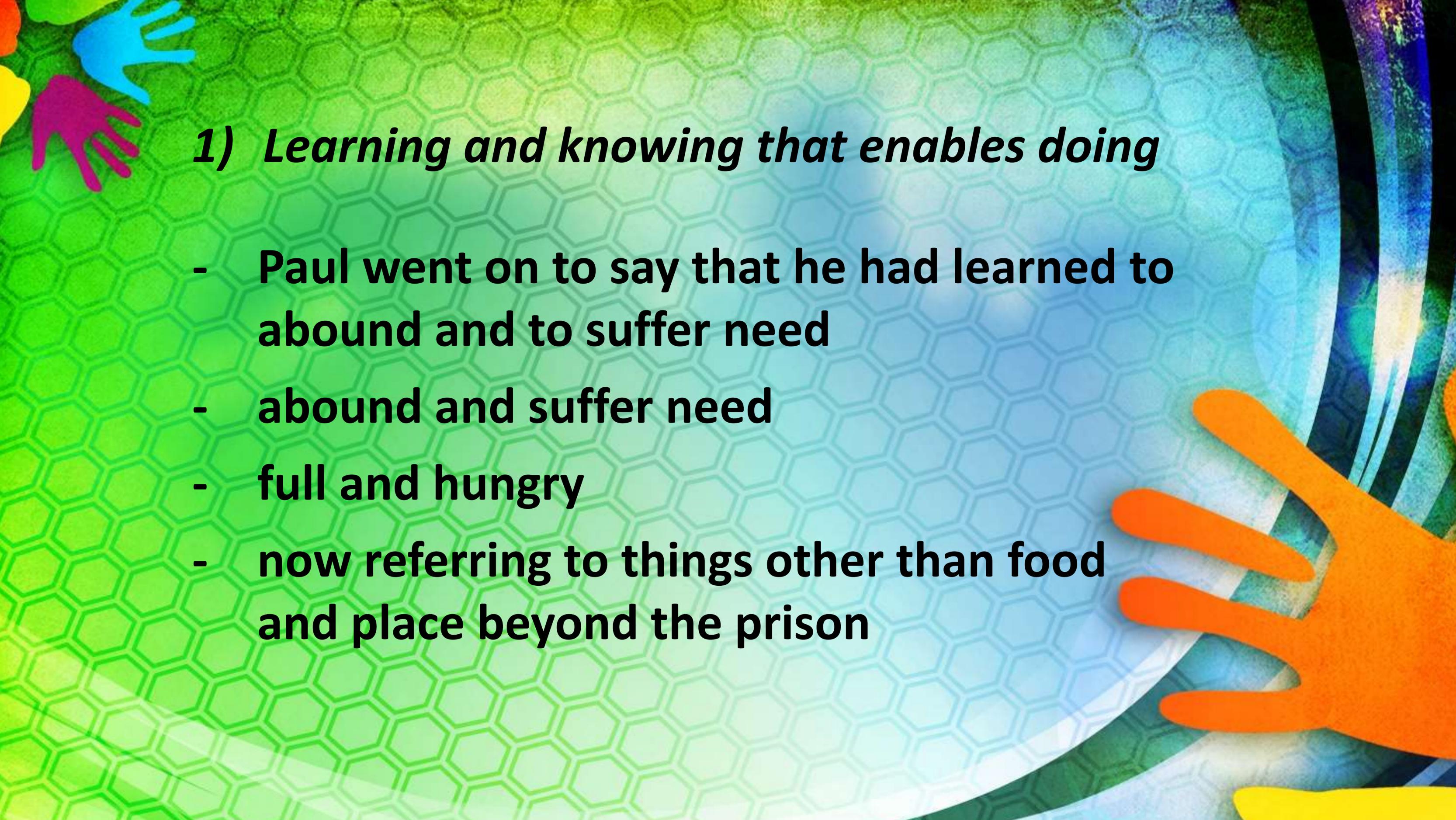
1) Learning and knowing that enables doing

- **extremely hard to live in prosperity and live by the word at the same time**
- **hard, if not impossible, to live humbly and simply**
- **extremely hard to live in prosperity and live by the word at the same time**



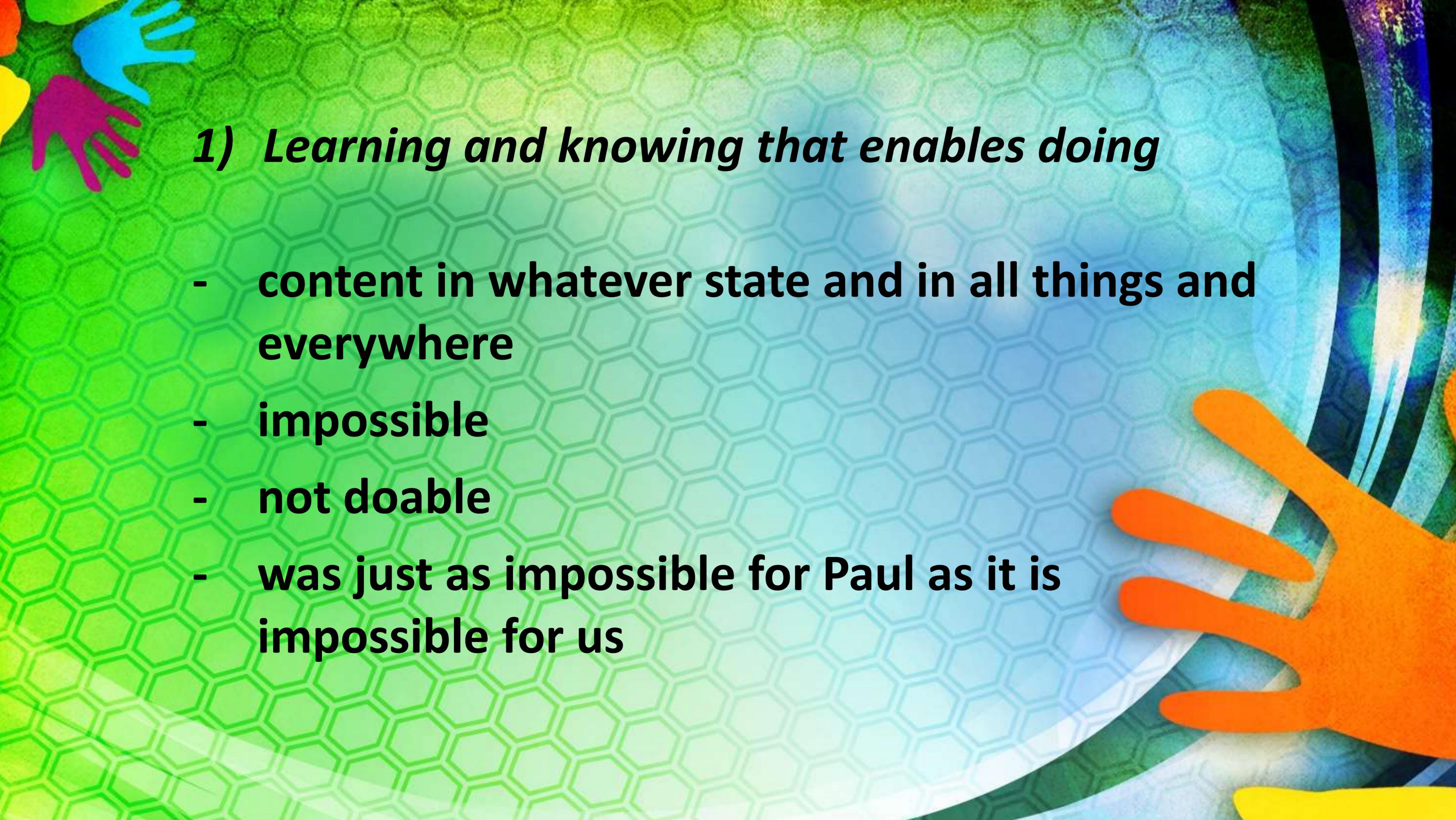
1) Learning and knowing that enables doing

- **Paul said that he had learned to be full and to be hungry.**
- **hard to practise eating full but not too full**
- **self-imposed hunger by fasting and abstinence**



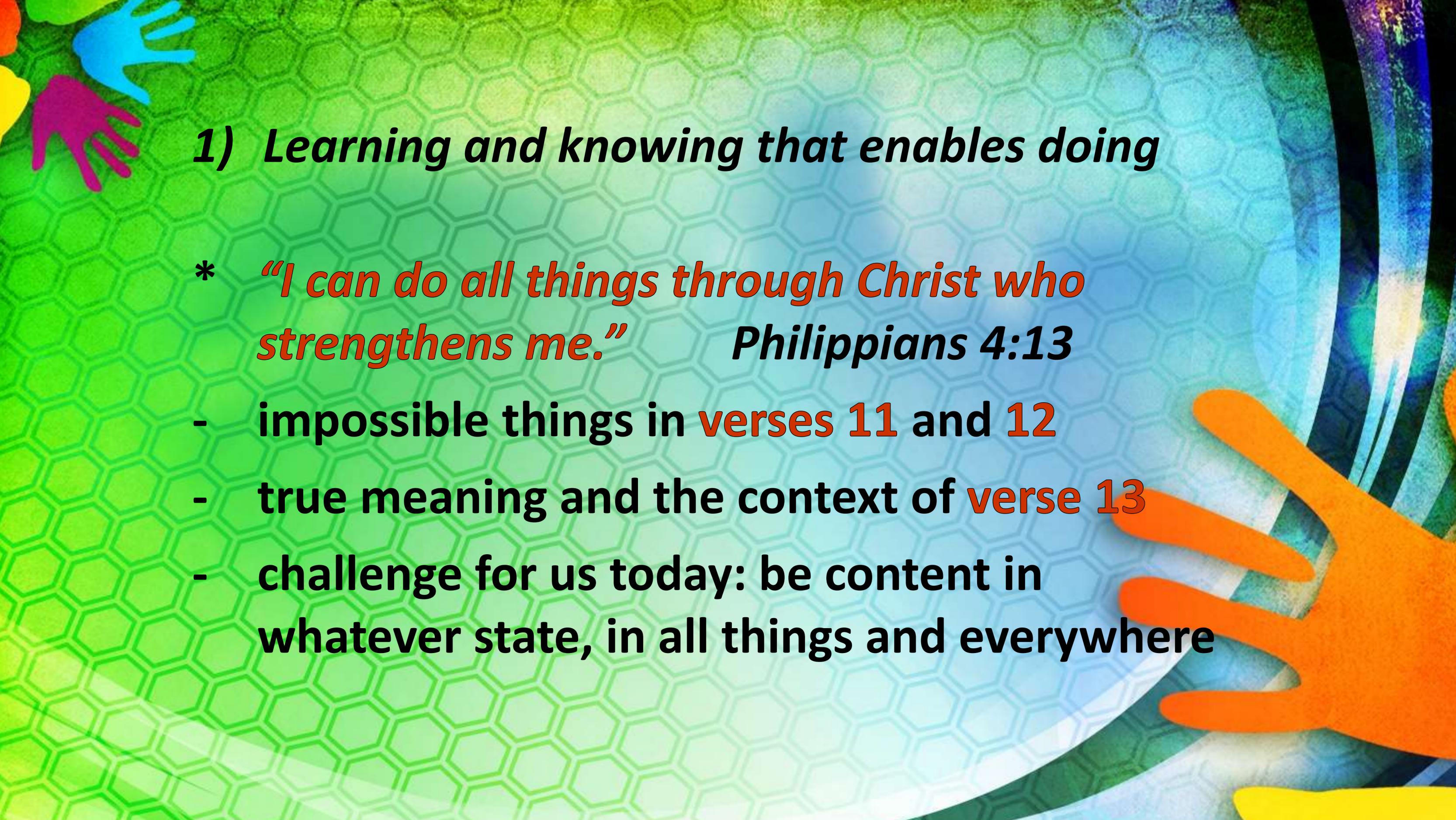
1) Learning and knowing that enables doing

- Paul went on to say that he had learned to
abound and to suffer need
- abound and suffer need
- full and hungry
- now referring to things other than food
and place beyond the prison



1) Learning and knowing that enables doing

- content in whatever state and in all things and everywhere**
- impossible**
- not doable**
- was just as impossible for Paul as it is impossible for us**



1) *Learning and knowing that enables doing*

*** *“I can do all things through Christ who strengthens me.”* **Philippians 4:13****

- impossible things in **verses 11** and **12****
- true meaning and the context of **verse 13****
- challenge for us today: be content in whatever state, in all things and everywhere**

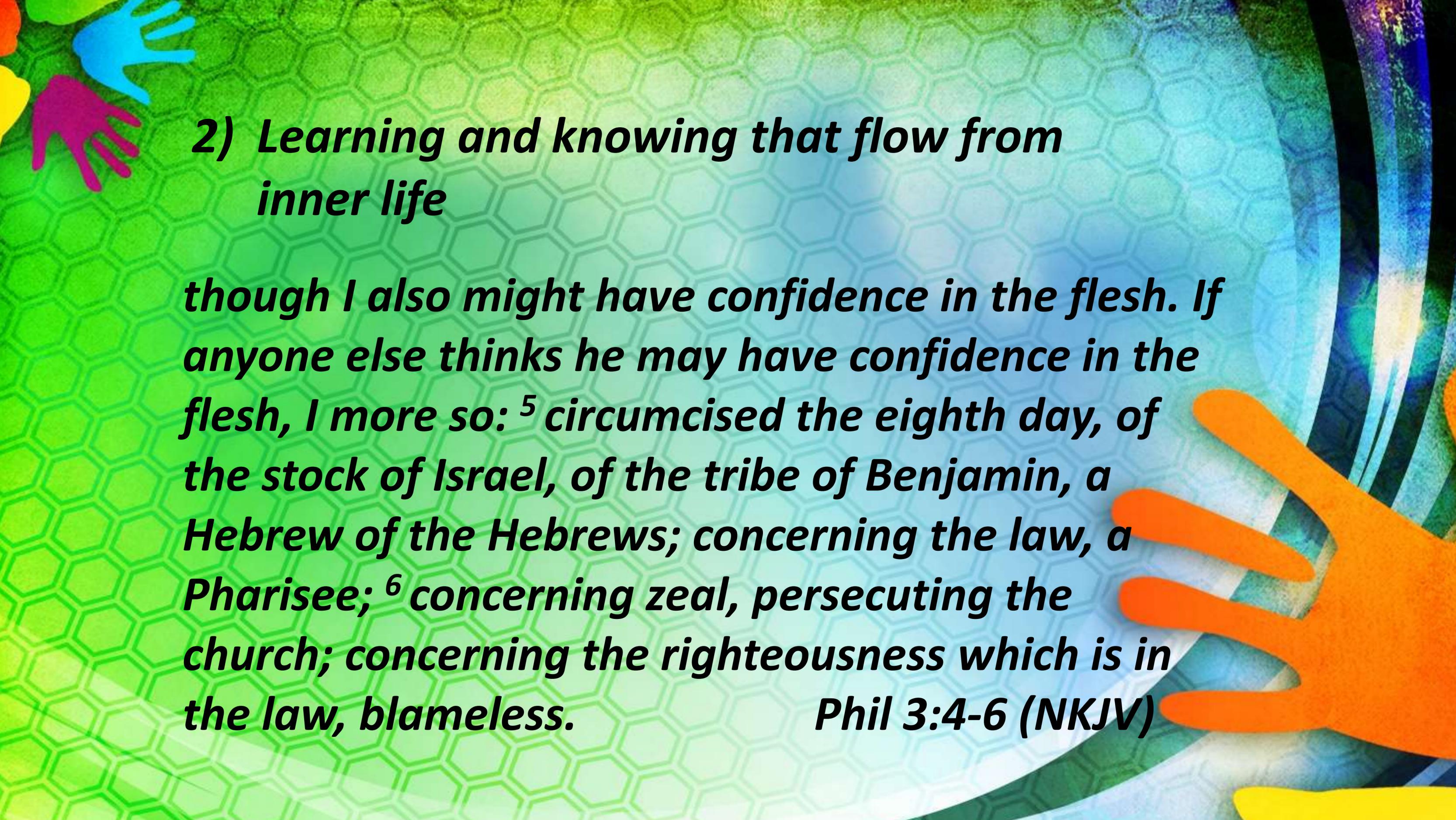
The background features a large, stylized hexagonal pattern that transitions from green on the left to blue on the right. In the top-left corner, there are three small, colorful hands (yellow, blue, and red) reaching out. In the bottom-right corner, there is a large, orange hand reaching out. The text is centered in the middle of the image.

***2) Learning and knowing
that flow from inner life***

The background features a vibrant green hexagonal pattern on the left, transitioning into a blue and white wavy pattern on the right. Overlaid on the right side are several large, stylized hands in orange, yellow, and magenta, appearing to reach out or hold each other.

2) Learning and knowing that flow from inner life

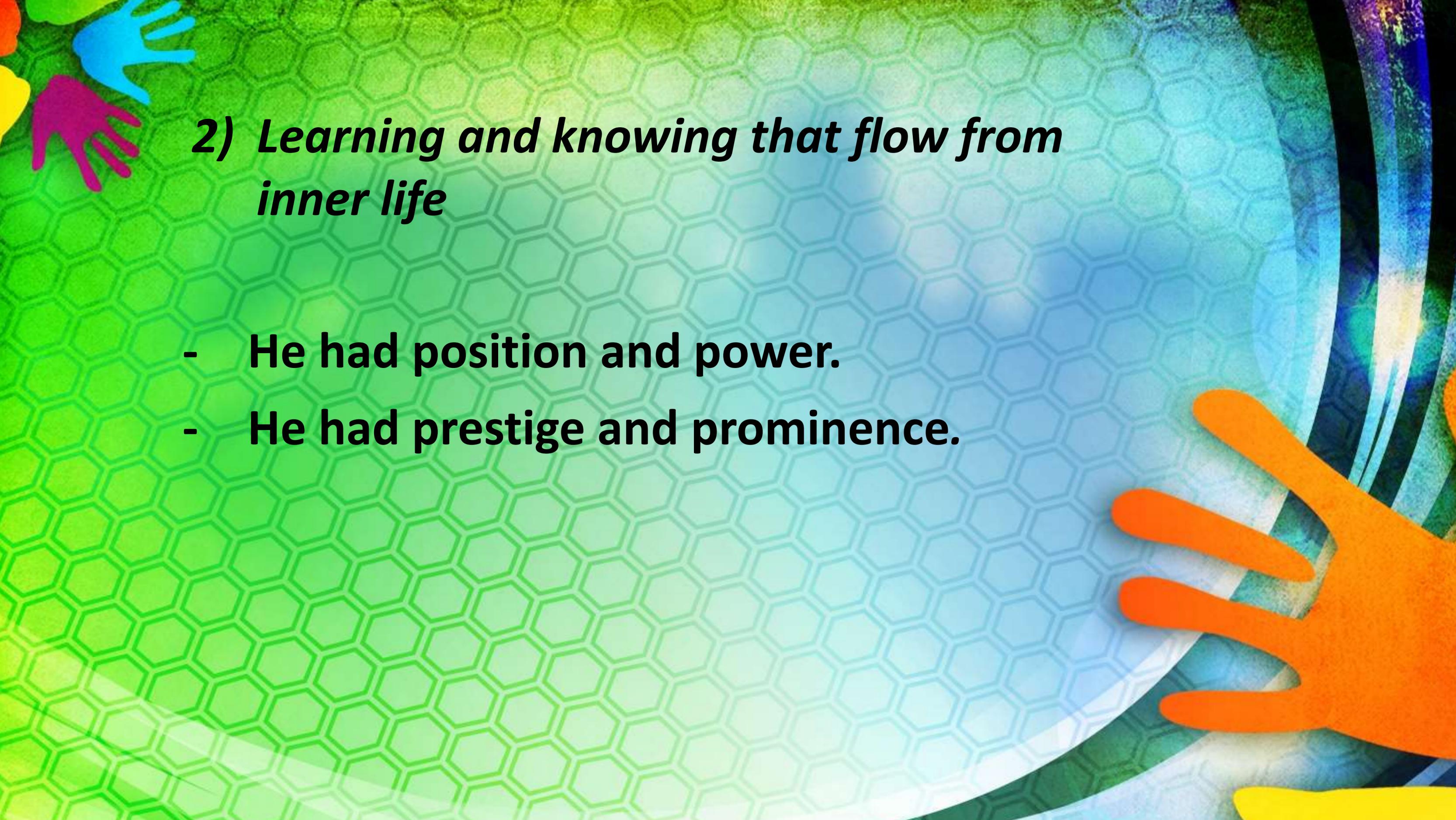
- Why did Paul want to learn and know the life value of contentment in such impossible context?
- He had the choice and the capacity to live a well to do life if he had wanted to.



2) Learning and knowing that flow from inner life

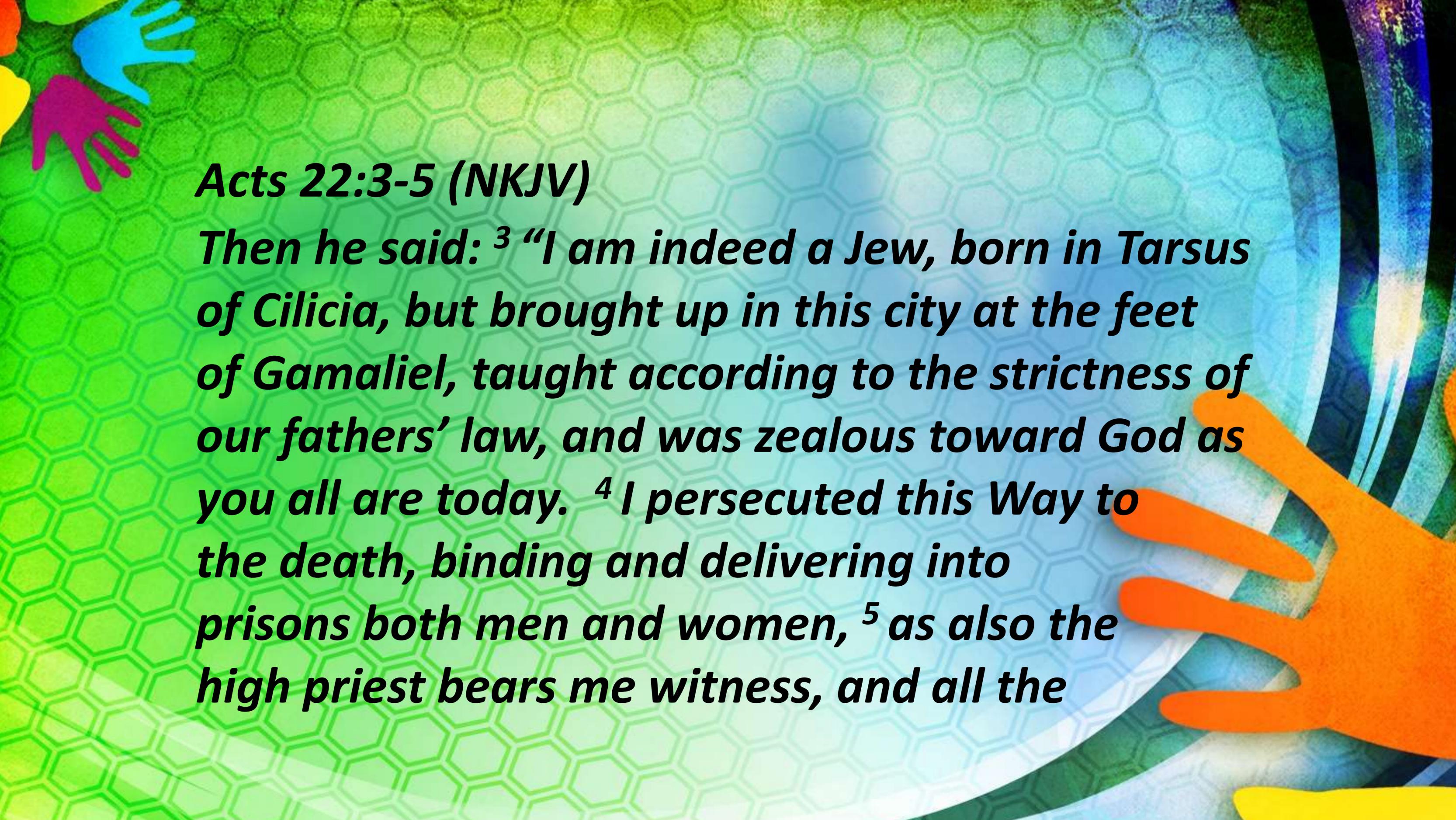
though I also might have confidence in the flesh. If anyone else thinks he may have confidence in the flesh, I more so: ⁵ circumcised the eighth day, of the stock of Israel, of the tribe of Benjamin, a Hebrew of the Hebrews; concerning the law, a Pharisee; ⁶ concerning zeal, persecuting the church; concerning the righteousness which is in the law, blameless.

Phil 3:4-6 (NKJV)



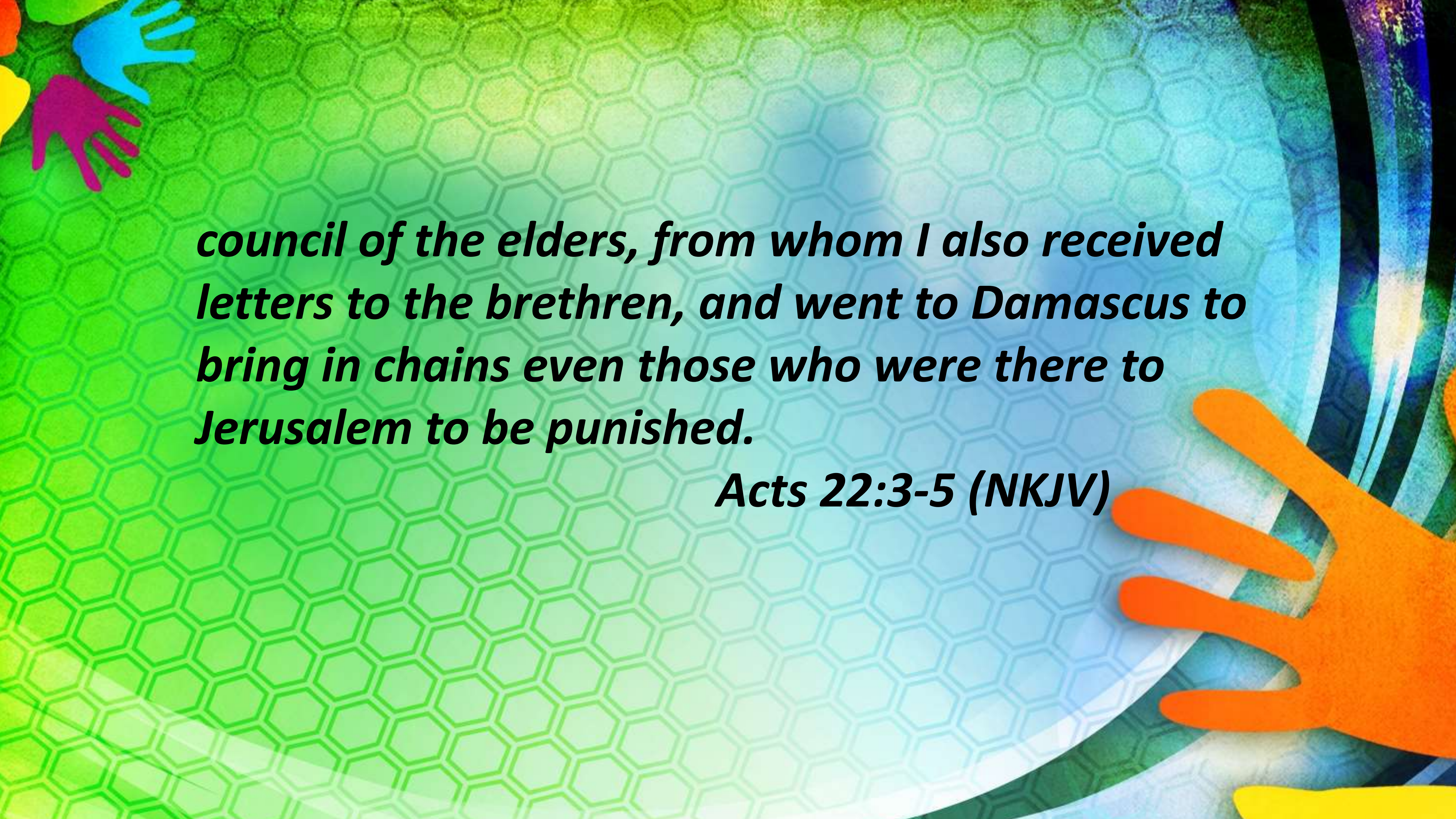
2) Learning and knowing that flow from inner life

- **He had position and power.**
- **He had prestige and prominence.**



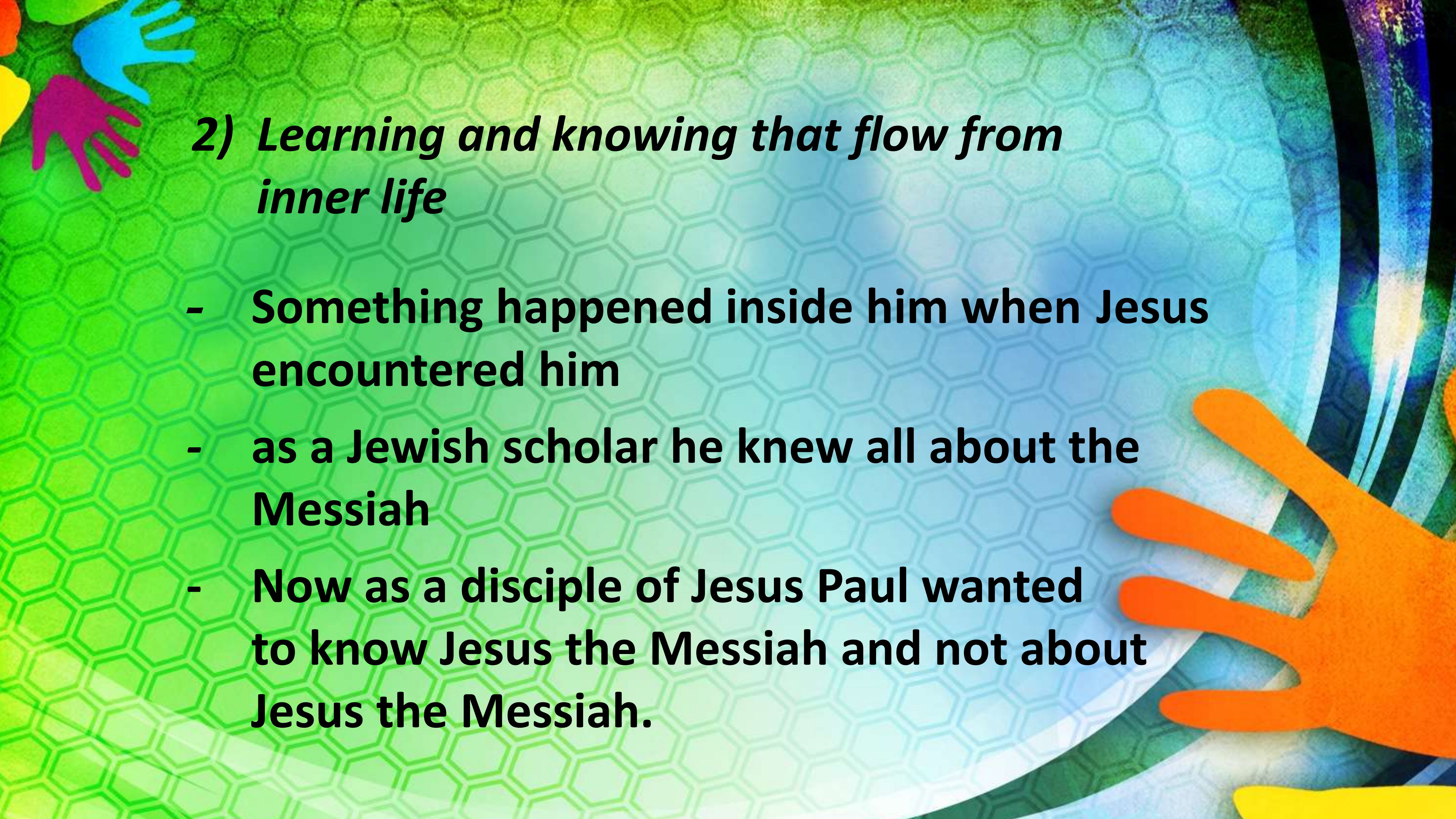
Acts 22:3-5 (NKJV)

Then he said: ³ “I am indeed a Jew, born in Tarsus of Cilicia, but brought up in this city at the feet of Gamaliel, taught according to the strictness of our fathers’ law, and was zealous toward God as you all are today. ⁴ I persecuted this Way to the death, binding and delivering into prisons both men and women, ⁵ as also the high priest bears me witness, and all the



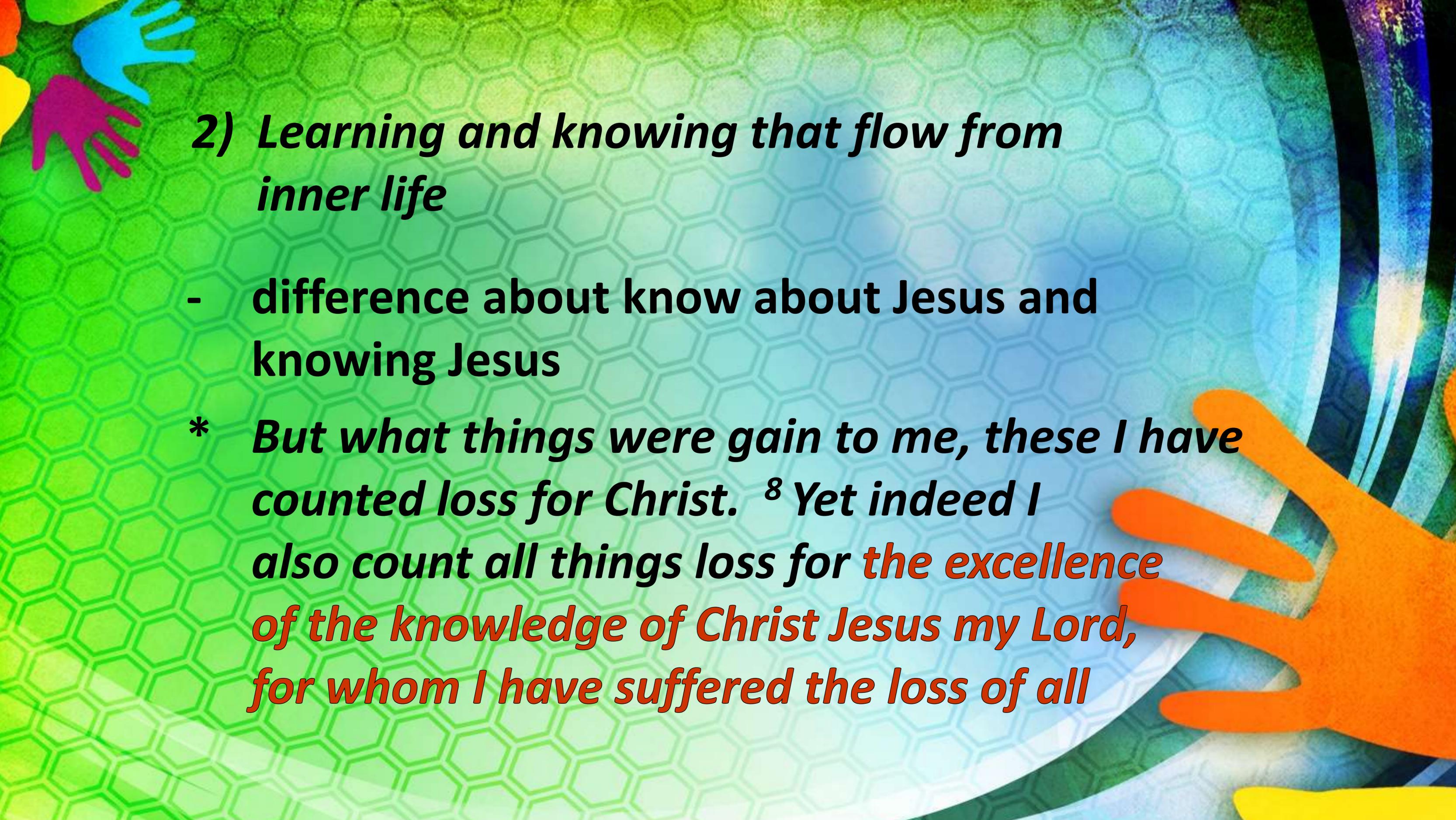
council of the elders, from whom I also received letters to the brethren, and went to Damascus to bring in chains even those who were there to Jerusalem to be punished.

Acts 22:3-5 (NKJV)



2) Learning and knowing that flow from inner life

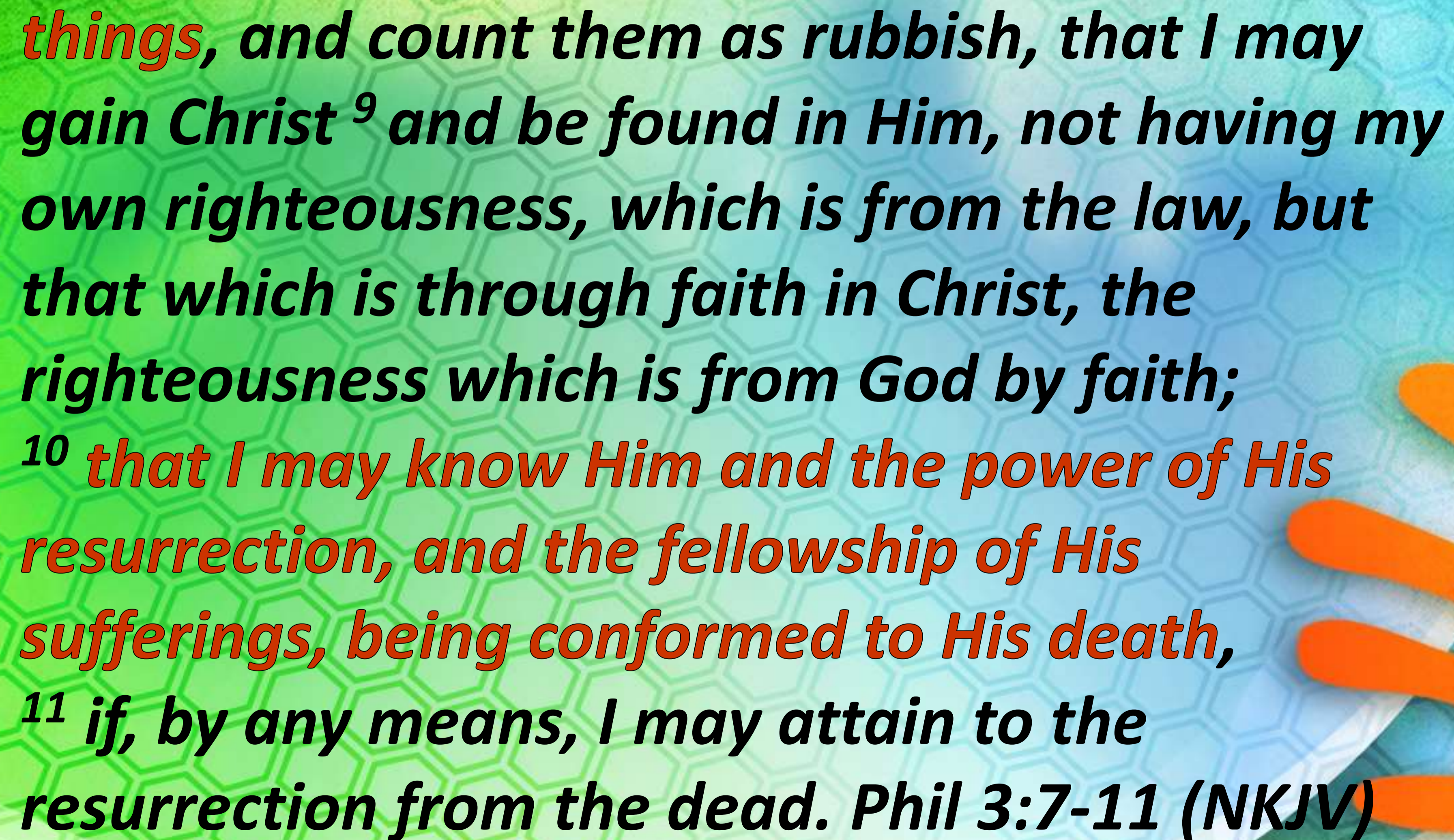
- Something happened inside him when Jesus encountered him**
- as a Jewish scholar he knew all about the Messiah**
- Now as a disciple of Jesus Paul wanted to know Jesus the Messiah and not about Jesus the Messiah.**



2) *Learning and knowing that flow from inner life*

- difference about know about Jesus and knowing Jesus

*** *But what things were gain to me, these I have counted loss for Christ. ⁸ Yet indeed I also count all things loss for **the excellence of the knowledge of Christ Jesus my Lord, for whom I have suffered the loss of all*****



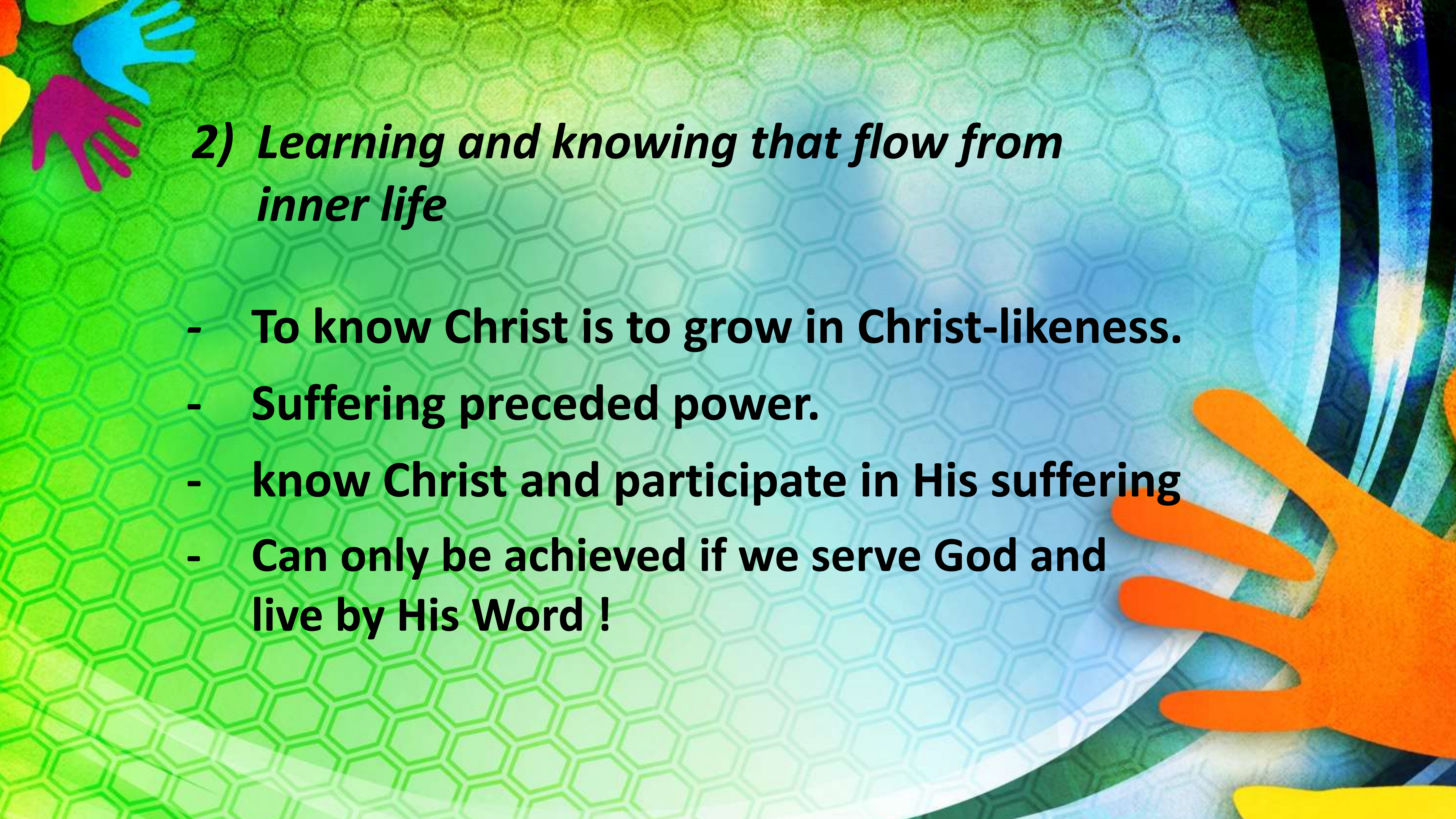
things, and count them as rubbish, that I may gain Christ ⁹ and be found in Him, not having my own righteousness, which is from the law, but that which is through faith in Christ, the righteousness which is from God by faith; ¹⁰ that I may know Him and the power of His resurrection, and the fellowship of His sufferings, being conformed to His death, ¹¹ if, by any means, I may attain to the resurrection from the dead. Phil 3:7-11 (NKJV)



2) *Learning and knowing that flow from inner life*

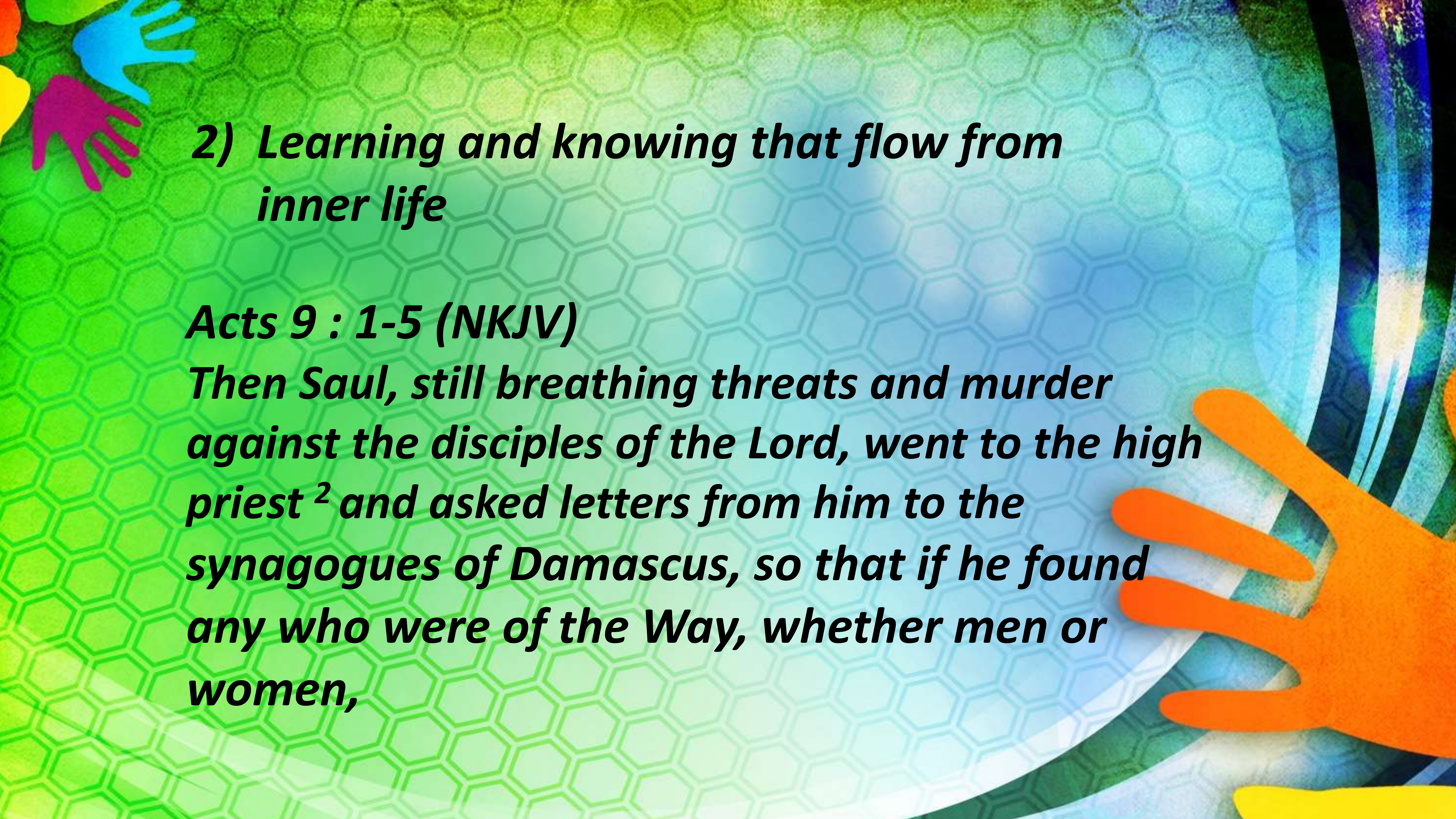
Philippians 3:10 (NIV)

I want to know Christ - yes, to know the power of His resurrection and participation in His sufferings, becoming like Him in His death.



2) Learning and knowing that flow from inner life

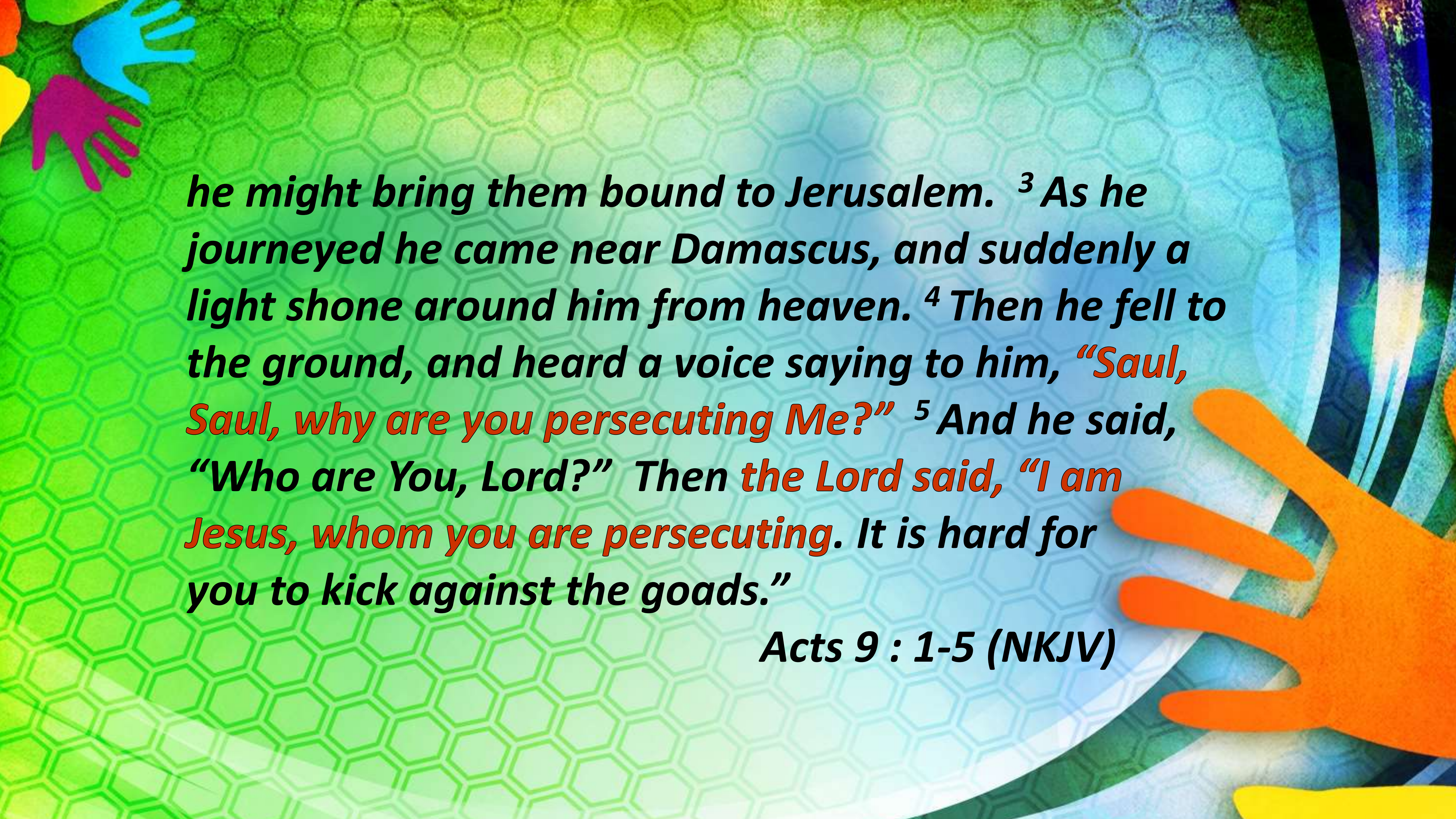
- To know Christ is to grow in Christ-likeness.**
- Suffering preceded power.**
- know Christ and participate in His suffering**
- Can only be achieved if we serve God and live by His Word !**



2) Learning and knowing that flow from inner life

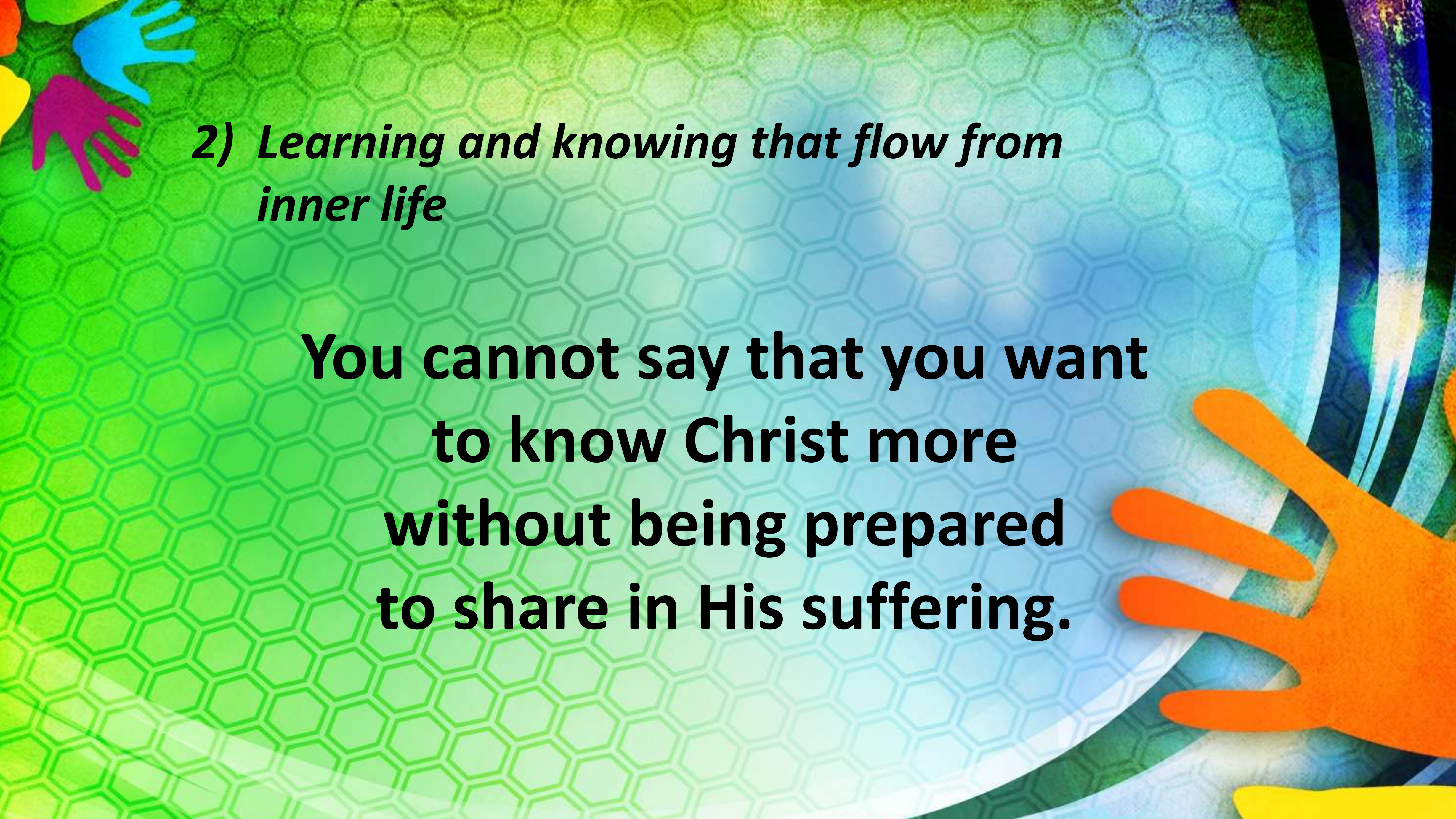
Acts 9 : 1-5 (NKJV)

Then Saul, still breathing threats and murder against the disciples of the Lord, went to the high priest ² and asked letters from him to the synagogues of Damascus, so that if he found any who were of the Way, whether men or women,



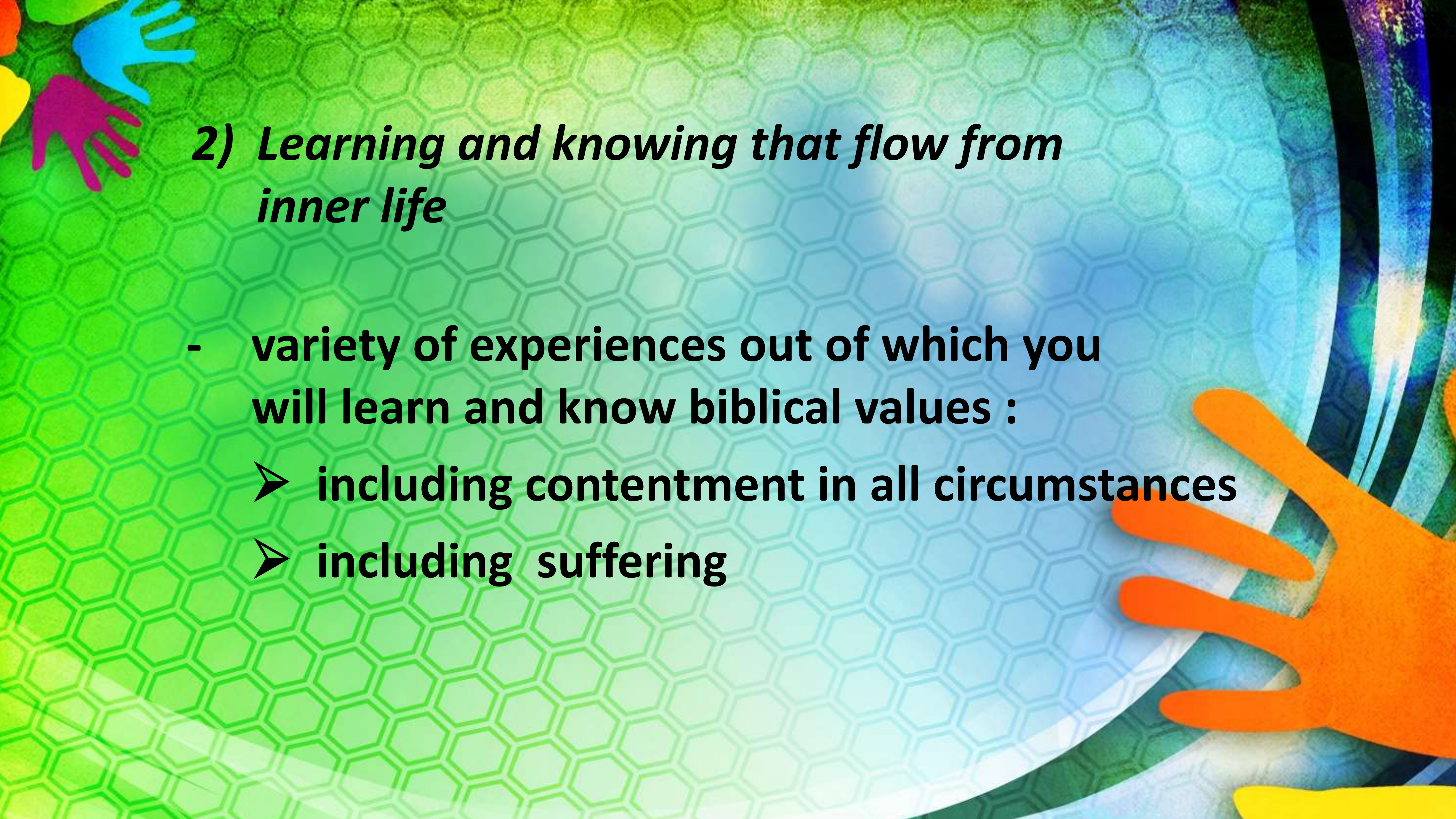
*he might bring them bound to Jerusalem. ³ As he journeyed he came near Damascus, and suddenly a light shone around him from heaven. ⁴ Then he fell to the ground, and heard a voice saying to him, “**Saul, Saul, why are you persecuting Me?**” ⁵ And he said, “Who are You, Lord?” Then **the Lord said, “I am Jesus, whom you are persecuting.** It is hard for you to kick against the goads.”*

Acts 9 : 1-5 (NKJV)



***2) Learning and knowing that flow from
inner life***

**You cannot say that you want
to know Christ more
without being prepared
to share in His suffering.**



2) Learning and knowing that flow from inner life

- variety of experiences out of which you will learn and know biblical values :**
 - including contentment in all circumstances**
 - including suffering**



2) Learning and knowing that flow from inner life

- There is a time to sit, be quiet and listen.**
- There is a time to obey, to go and be sent.**
- Mary had a memorable encounter with Christ**
- sin and righteousness**
- life and death**
- resurrection and eternity**



Philippians 3 : 8b-11 (NKJV)

**. . . that I may *gain Christ* ⁹ and be *found in Him*,
not having my own righteousness, which is from
the law, but that which is *through faith in Christ*,
the righteousness which is from God by faith;
¹⁰ that I may know Him and the power of His
resurrection, and the fellowship of His
sufferings, being conformed to His death,
¹¹ if, by any means, *I may attain to the
resurrection from the dead.***



***3) Leaning on others
and knowing suffering***

The background features a vibrant green hexagonal pattern on the left, transitioning into a light blue area with a similar pattern on the right. Overlaid on the right side are several large, stylized hands in orange, yellow, and magenta, appearing to reach out or support each other.

3) Leaning on others and knowing suffering

- learn contentment in the midst of heartaches, hardship and hunger by honestly recognizing existence of these and embracing them**



3) Leaning on others and knowing suffering

- pretending that there is no adversity and by positively thinking that adversity is felicity is not sustainable
- Paul acknowledged reality.
- did not try to project and protect the image that he could do all things in Christ



3) Leaning on others and knowing suffering

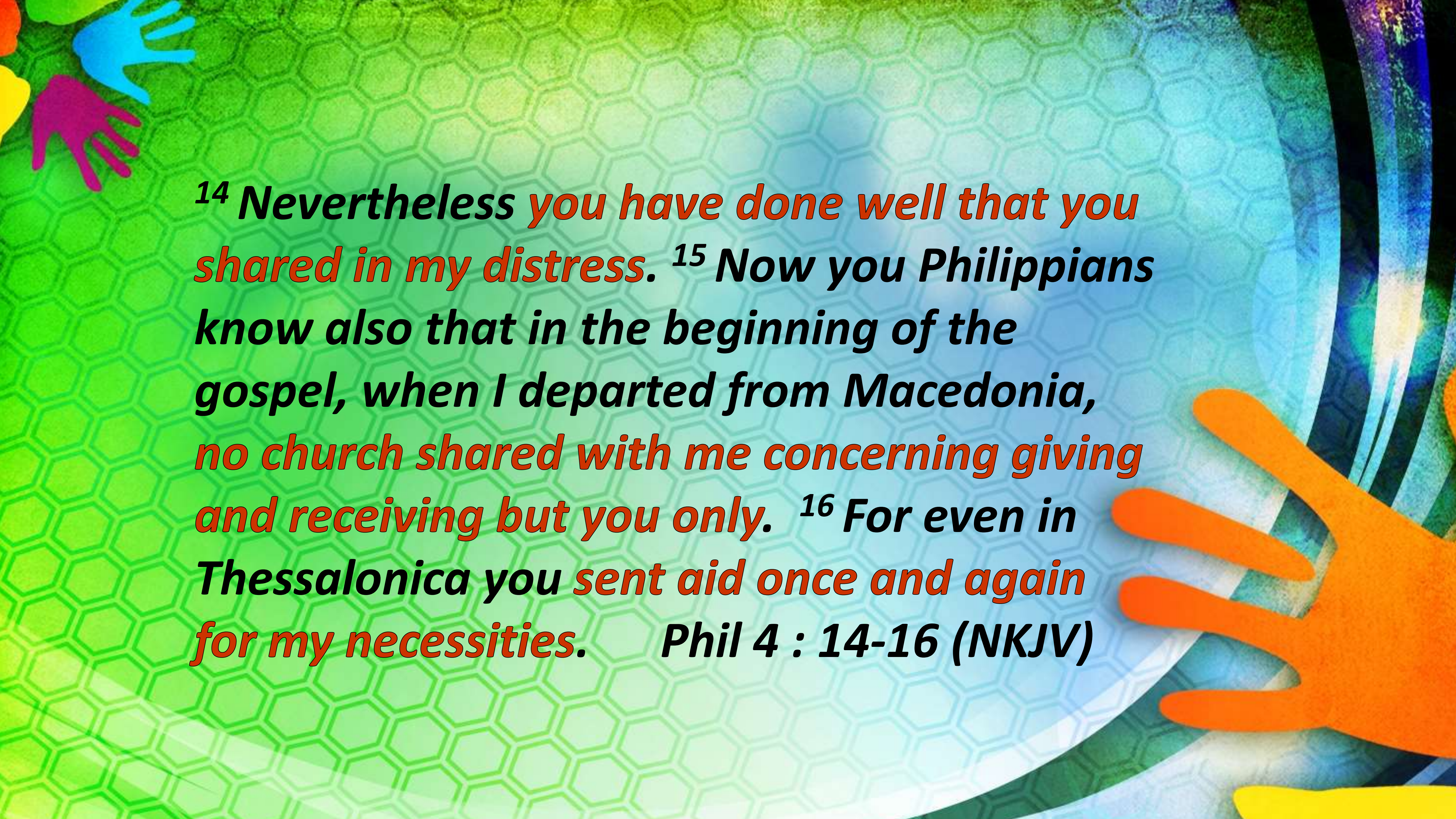
- **Paul shared his feelings very honestly.**
- **his lack over necessities and not luxuries**
- **He said he was in distress.**



3) *Leaning on others and knowing suffering*

Philippians 4 : 10-11 (NKJV)

But I rejoiced in the Lord greatly that now at last your care for me has flourished again; though you surely did care, but you lacked opportunity. ¹¹ Not that I speak in regard to need, for I have learned in whatever state I am, to be content:



¹⁴ Nevertheless *you have done well that you shared in my distress.* ¹⁵ Now you Philippians know also that in the beginning of the gospel, when I departed from Macedonia, *no church shared with me concerning giving and receiving but you only.* ¹⁶ For even in Thessalonica you *sent aid once and again for my necessities.* Phil 4 : 14-16 (NKJV)



3) *Leaning on others and knowing suffering*

Indeed I have all and abound. I am full, having **received from Epaphroditus the things sent from you**, a sweet-smelling aroma, an acceptable sacrifice, well pleasing to God.

Philippians 4:18 (NKJV)



3) Leaning on others and knowing suffering

- Paul was in need of handouts!**
- lean on others**
- learn the discipline of asking for and receiving help from others**



3) Leaning on others and knowing suffering

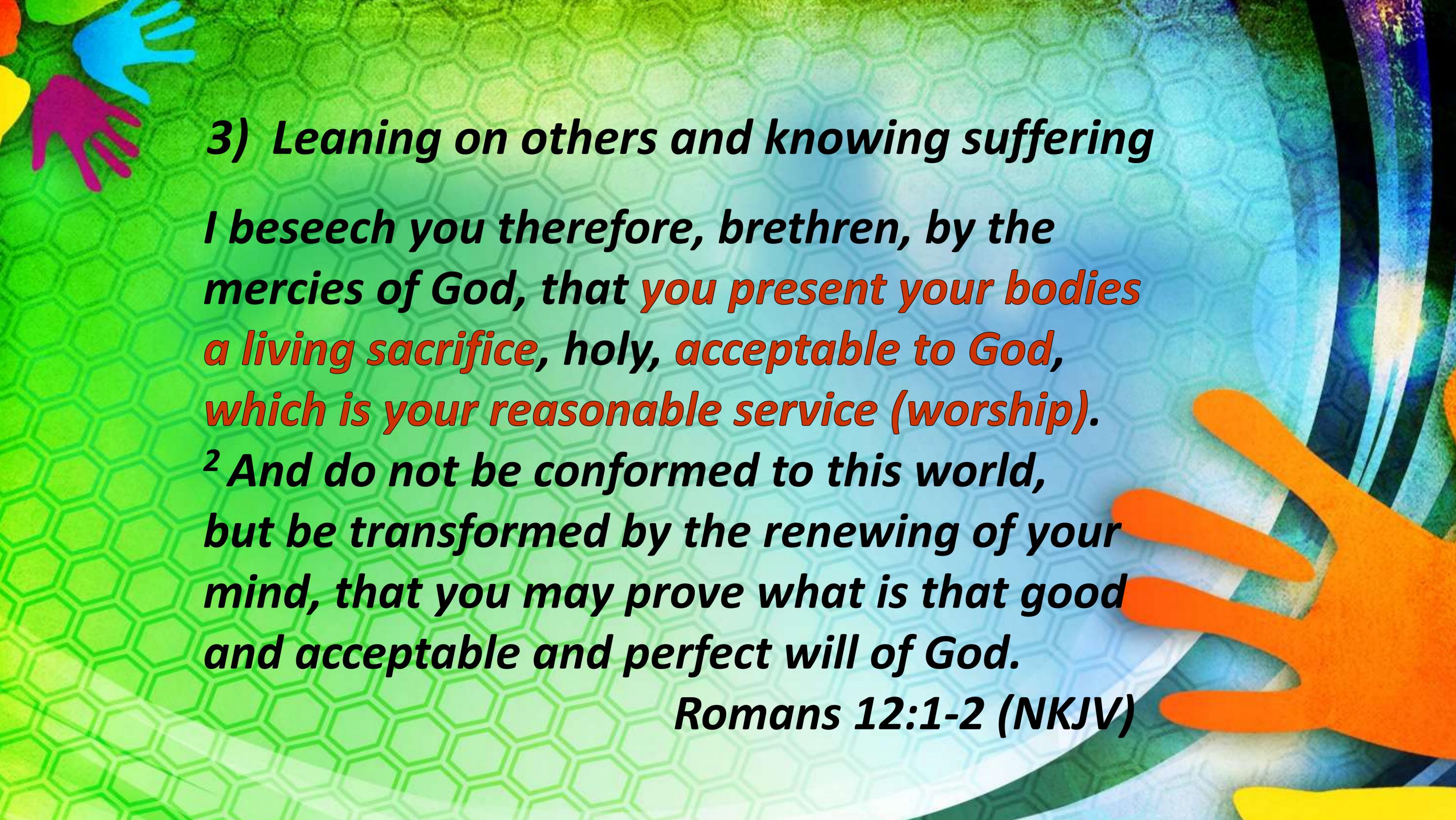
- ❖ **It means something special to God**
 - **What people give and what we receive has another dimension:**
 - ❖ **that it means something to God:**
 - ❖ **sweet smelling aroma, an acceptable sacrifice, well pleasing to God**



3) *Leaning on others and knowing suffering*

¹⁸ Indeed I have all and abound. I am full, having *received from Epaphroditus the things sent from you*, a sweet-smelling aroma, an acceptable sacrifice, well pleasing to God.

Philippians 4:18 (NKJV)



3) *Leaning on others and knowing suffering*

I beseech you therefore, brethren, by the mercies of God, that **you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service (worship).**

² And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.

Romans 12:1-2 (NKJV)

Conclusion

